



# 7v7 Youth Football

## **BREC Athletics**

Updated Feb 2021



BREC ATHLETICS  
6201 Florida Blvd  
Baton Rouge, LA  
225.272.9200

## THE RECREATION AND PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

Dear Team Manager,

On behalf of the Recreation and Parks Commission for the Parish of East Baton Rouge, we would like to welcome you as a participant in our Youth 7v7 Football Program.

Our goal is to offer quality sports programming at affordable prices and see that each participant has an enjoyable leisure experience.

Please read the rulebook at your first opportunity to familiarize yourself with our league's rules and regulations.

We now have an online registration system. You can establish your online account at [www.brec.org](http://www.brec.org). For additional information, you can contact [athletics@brec.org](mailto:athletics@brec.org) or you can also visit our department's web site at <http://www.brec.org/index.cfm/subhome/athletics>.

All managers/coaches must take the SPORTSMANSHIP class. (NFHS Sportsmanship Course <http://nfhslearn.com/courses/37000>) Submit completion certificate with team registration form.

All manager/coaches must take the CONCUSSION training course (Center for Disease Control and Prevention Concussion Training Course <https://www.cdc.gov/headsup/youthsports/training>) Submit completion certificate with team registration form.

Again, welcome to our program. Wishing you and your team a very enjoyable and successful season.

Sincerely,

BREC Athletics

***The Recreation and Park Commission for the Parish of East Baton Rouge reserves the right to make changes to this document as necessary during the season.***



# THE RECREATION & PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

## TEAM REGISTRATION

### **Player Contracts**

All youth players' registration forms must be filled out with a copy of the original birth certificate and a current photo that must be attached in double-sided format. Every registered player must be listed on the team roster.

### **Coaches Registration for Youth Sports Volunteer Coach**

All Coaches are required to complete and submit a BREC Volunteer Coaches Background Check Form.

[www.volunteer.brec.org](http://www.volunteer.brec.org)

Teams/organizations with multiple teams and/or age groups are required to have more than one (1) coach per team. No Exceptions.

People who have not registered, and been approved, as a coach will not be allowed to coach in any capacity (practice or games).

People who are not listed on the team roster will not be allowed to coach in any capacity during games.

A coach who does not have their Volunteer ID Badge is not allowed on the sideline/bench area as coach.

**Wearing your BREC volunteer identification badge is an important public safety tool and you are always required to wear them:**

- The ID provides special designation for authorized and qualified volunteers.
- The ID is a key component of a comprehensive risk management practice that reflects a comprehensive public safety practice.
- The ID builds trust among the public that parks and recreation is committed to quality management practices.
- The ID provides public information regarding the leadership role of parks and recreation to make communities safe.
- A photo identification practice serves the dual purpose of identifying volunteers as qualified and authorized personnel and builds public awareness for quality volunteer management practices.
- The system of requiring identification badges is only effective when there is compliance by all volunteers wearing their photo identification always of service.



## Guidelines for BREC Volunteer Identification Badges

1. All qualified volunteers are required to wear a photo identification badge.
2. Photo identification badges are always to be displayed when at practice or a game setting and are not to be worn or used for any other purpose than a volunteer coaching assignment.
3. No pins, stickers, or markings can be displayed on the BREC ID badge. The photo identification badge must be clearly visible to the public and should be worn between the shoulders and waist with the photo clearly visible. **(BREC provided black lanyards before the start of the season for coaches to wear around their necks)**
4. If a photo identification badge is lost or stolen, it is the responsibility of the volunteer to notify a supervisor as soon as possible to obtain a replacement badge.
5. The photo identification badge will be issued to all volunteers after the completion of a comprehensive background check and will expire one year from that date of issuance.
6. It is the duty of every qualified volunteer to report any volunteer failing to properly display their credential and sign the volunteer logbook before each BREC practice and/or game.

**Failure to perform any of the given guidelines will resort in your team forfeiting a contest and any individual not adhering to BREC policy and procedures for youth basketball and/or any other sport with youth participation, will be escorted from the premises.**

If you have any questions and/or concerns, please contact the Athletics Department at [athletics@brec.org](mailto:athletics@brec.org).

All coaches and officials are required to take and complete a Sportsmanship Course offered through the National Federation of State High School Associations (NFHS). Coaches and officials are also required to complete a concussion training course offered through the Centers for Disease Control and Prevention. The completion certificates for the Sportsmanship training as well as the Concussion training must be submitted when your team registration packet is submitted. If any coach does not submit his/her certificates will not be eligible to coach until the courses are completed and their certificates are submitted.

- Sportsmanship Course Link: <http://nfhslearn.com/courses/37000>
- Concussion Course Link: <https://www.cdc.gov/headsup/youthsports/training/>

**TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S):** I hereby represent that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release, on behalf of myself and organization.

Coach Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

League: \_\_\_\_\_

Date: \_\_\_\_\_,

Team/Organization Name: \_\_\_\_\_



## **BREC CODE OF CONDUCT**

- No manager, player, or spectator shall physically/verbally threaten, lay a hand upon, shove, or strike an official, field supervisor, staff member, player and/or spectator.
- No manager, player, and/or spectator shall be guilty of objectionable and/or disruptive verbal demonstrations of dissent at an official's or field supervisor's decision or refuse to abide by official's or field supervisor's decision. No manager, player, and/or spectator shall be guilty of verbal abuse to include references to an individual or group's race, religion, gender, national origin, disability or age.
- Participants shall not use flagrant rough tactics against an opposing player.
- There shall be no unnecessary throwing of equipment, or any other objects.
- There will be no cause for defacement or destruction to any public facility or equipment.
- Participants (managers, coaches, players, etc.) may not falsify their own name or any other player's name on a team roster, scoresheet, or any other league document. The use of ineligible or illegal players is not permitted.
- Individuals and/or teams violating the Code of Conduct will be subject to league discipline action which may include one or more of the following actions: game ejection, game forfeiture, game suspensions, probation and/or seasonal suspension.

## **BREC PARK POLICIES**

- No alcoholic beverages may be brought onto or sold on BREC property. (City Parish Ordinance, Title 13: Section 13:1010)
- Pets must always be leashed, and droppings removed. For information on our Dog Park locations, please call 272-9200 ext. 400. (City Parish Ordinance Title 14, Chapter 2, Sec. 14:204)
- Firearms, explosives and weapons of any type are prohibited in all park areas. (City Parish Ordinance, Title 13: Section 13:1011)
- Gambling or games of chance are prohibited on BREC property. (City Parish Ordinance, Title 13: Section 13:90.2)
- Firearms, explosives and weapons of any type are prohibited in all park areas. (City Parish Ordinance, Title 13: Section 13:1011)
- Please help keep your parks clean by placing all trash and litter in receptacles provided at all BREC parks. For safety purposes glass containers are prohibited within parks.
- Sale of merchandise, food and beverage, solicitation of fees or donations, or conducting any type of business or event, including distribution of flyers, signs or other advertising mediums is prohibited without permit from BREC Commission. (City Parish Ordinance Title 3, Chapter 5, Sec 3:90- 93) For additional information regarding permits see Special Events.
- Park patrons are advised to be cautious of purchasing any product or merchandise from a vendor in a BREC park not displaying a BREC Permit or not selling from a designated BREC concession stand.
- Teams/Spectators may not play their own music inside of a BREC park before, during, or after games.
- ***Teams/players violating any BREC park policy may be subject to forfeiture of the game and/or expulsion from the league.***



## Team Manager Responsibilities

- *Team managers serve as a communication between BREC and staff to members of their team. Therefore, it is important that all team managers communicate effectively, pertinent information submitted from the Athletics Department. We ask that all team managers read each document thoroughly and carefully, and as well as all included attachments, if needed.*
  
- **It is the responsibility of team manager to make sure that...**
  - All rosters are submitted and completed, prior to the season startup date.
  - All rosters are updated when new player additions are made.
  - Each player, coach, and/or manager participating has signed their roster/waiver prior to participation.
  - Each player is aware of the rules, procedures, and player code of conduct put in place by BREC
  - The athletics department is notified properly on any forfeited game, so that arrangements are made for the opponent of that team.
  - All rescheduled games, game cancellation, and forfeits are relayed to members of the team.
  - All written protests are submitted to the Athletics Office within 2 (48 hours) business days of the incident in question.
  - All players are in the appropriate color uniform based on HOME or VISITOR bench, with numbers affixed to jersey. ***Players who fail to comply will be ruled ineligible to participate.***
  - That members of their team, fans and/or parents conduct themselves in a manner within accordance of BREC league rules and Code of Conduct.
  - Relay/Forward all player suspension documents to member(s) of their team, if needed.

**TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S):** I hereby represent that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release, on behalf of myself and organization.

Coach Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

League: \_\_\_\_\_

Date: \_\_\_\_\_,

Team/Organization Name: \_\_\_\_\_



## PARENTS CODE OF ETHICS

***I hereby pledge to provide positive support, care and encouragement for my child participating in youth sports by following this Code of Ethics.***

*I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other youth sport event.*

*I will place the emotional and physical well-being of my child ahead of any personal desire to win.*

*I will insist that my child play in a healthy environment.*

*I will provide support for coaches and officials working with my child to provide a positive, enjoyable experience for all.*

*I will demand a drug, alcohol and tobacco-free sports environment for my child and agree to assist by refraining from their use at all youth sports events.*

*I will remember that the game is for children and not for adults.*

*I will do my very best to make youth sports fun for my child.*

*I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.*

*I will promise to help my child enjoy the youth sports experience within my personal constraints by being a respectful fan, providing transportation or whatever I can do.*

**CHILD PARTICIPANT NAME(S):**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**Team/Organization Name:** \_\_\_\_\_

**TO BE READ AND SIGNED BY PARENT/GUARDIAN OF MINOR:** I hereby represent that I am the parent/guardian of the minor(s) whose name(s) appears above. I am familiar with and consent and agree to the terms and provisions set forth in this release/parent's code of conduct, on behalf of myself and said minor.

Parent/Guardian Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

***By placing your email below, you are giving permission for BREC staff to send updated league information, as well as upcoming BREC leagues/events in the future. Please print legibly.***

Email address: \_\_\_\_\_



## COACHES CODE OF ETHICS PLEDGE

*I hereby pledge to live up to BREC's Coaches Code of Ethics.*

*I will place the emotional and physical well-being of my players ahead of any personal desire to win.*

*I will remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.*

*I will do my very best to provide a safe playing situation for my players.*

*I promise to review and practice the necessary first aid principles needed to treat injuries of my players.*

*I will do my best to organize practices that are fun and challenging for all my players.*

*I will lead, by example, in demonstrating fair play and sportsmanship to all players.*

*I will ensure that I am knowledgeable in the rules of each sport that I coach, and that I will teach these rules to my players.*

*I will use those coaching techniques appropriate for each of the skills that I teach.*

*I will remember that I am a youth coach, and that the game is for children and not adults.*

***By placing your email below, you are giving permission for BREC staff to send updated league information, as well as upcoming BREC leagues/events in the future. Please print legibly.***

Email address: \_\_\_\_\_

**TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S):** I hereby represent that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release, on behalf of myself and organization.

Coach Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

League: \_\_\_\_\_

Date: \_\_\_\_\_

Team/Organization Name: \_\_\_\_\_







## COACH & SUPPORTER CODE

**NO COACH or SUPPORTER** who is associated with your team is allowed under no circumstances to say (shout/criticize/heckle) anything to a BREC Sports official (Court/Scores Table). Any coach/parent/supporter who is cited with saying anything to a BREC Sports Official will be the result of a technical foul (2 shots) called/charged against the team (issued to the Head Coach) in which the erratic supporter is affiliated. If a second (2<sup>nd</sup>) technical foul is called/charged against the team of the coach/parent/supporter, the team with two (2) Fan/Supporter Technical Fouls will forfeit the game immediately and the Head Coach will serve a one (1) game suspension. Coaches are responsible for the actions of their supporters.

### Acknowledgement of Rule Book & Bylaws

**TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S):** I hereby represent that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release of the rule book & bylaws, on behalf of myself and/or organization.

**Coach Signature:** \_\_\_\_\_

**Print Name:** \_\_\_\_\_

**League:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Team/Organization Name:** \_\_\_\_\_



# THE RECREATION & PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

## BREC YOUTH 7 V 7 FOOTBALL BYLAWS

### FIELD DIMENSIONS

Field Length will be 50 yards. 40-yard playing field with a 10-yard end zone.

### AGE DIVISIONS

- **8U**- Any player who has not reached his or her 9th birthday **on or before August 1, in the year of the current 7v7 football season** is eligible to play.
- **10U**- Any player who has not reached his or her 11th birthday **on or before August 1, in the year of the current 7v7 football season** is eligible to play.
- **12U**- Any player who has not reached his or her 13th birthday **on or before August 1, in the year of the current 7v7 football season** is eligible to play.
- **15U**- Any player who has not reached his or her 16th birthday **on or before August 1, in the year of the current 7v7 football season** is eligible to play..
- **18U**- Any player who has not reached his or her 19th birthday **on or before August 1, in the year of the current 7v7 football season** is eligible to play.

*Players of younger division age may play/participate in older divisions, but an older division age player may not play in the younger divisions.*

**\*Players may not play on more than one team per league per season\***

Player Post-Season Eligibility: Any player on your roster must play in at least fifty percent (50%) or more of their scheduled league games for the regular season their team is currently playing in. If not, he or she will be deemed ineligible for any post-season games.



## TEAM REGISTRATION

### Player Contracts

All players' registration forms must be completely filled out with a copy of the original birth certificate and a current photo. Every registered player must be listed on the team roster.

### Coaches Registration Volunteer Coach Registration

All Coaches are required to complete and submit a BREC Volunteer Coaches Background Check Form

Teams/organizations with multiple teams and/or age groups are required to have more than one (1) coach per team. No Exceptions.

People who have not registered, and been approved, as a coach will not be allowed to coach in any capacity (practice or games).

People who are not listed on the team roster will not be allowed to coach in any capacity during games.

A coach who does not have their Volunteer ID Badge is not allowed on the sideline/bench area as coach.

All coaches and officials are required to take and complete a Sportsmanship Course offered through the National Federation of State High School Associations (NFHS). Coaches and officials are also required to complete a concussion training course offered through the Centers for Disease Control and Prevention. The completion certificates for the Sportsmanship training as well as the Concussion training must be submitted when your team registration packet is submitted. If any coach does not submit his/her certificates will not be eligible to coach until the courses are completed and their certificates are submitted.

Sportsmanship Course Link: <http://nfhslearn.com/courses/37000>

Concussion Course Link: <https://www.cdc.gov/headsup/youthsports/training/>



## **ELIGIBILITY**

It is recommended that teams have no less than six (6) players and no more than twenty (20).

Each player must be on their signed roster in order to be eligible for play.

The registration fee for the league per be turned in to BREC's Athletic Department with the complete team packet by the deadline date established each season. Schedules will then be drawn up and mailed to each coach.

Coaches must turn in a completed player contract for each player on their roster. A recent photograph copy of the original birth certificate and a recent photo of the player must accompany this contract.

- In case of an age eligibility question the coach must be able to present an original birth certificate within 72 hours. If the original is not presented the player will automatically be suspended until the original birth certificate is produced.

Players will not be permitted to sign with a team after the deadline date (After the second scheduled playing date) established yearly.

Players will not be allowed to play in more than one (1) BREC league within the Youth Junior Basketball program.

All games in which an ineligible player has played will be forfeited.

## **OFFICIALS & SCHEDULES**

All officials will be furnished and approved by BREC.

All games will be played at the field indicated on the schedule. Games will be played as scheduled.

All teams will play at least eight (8) to ten (10) game season.



## GENERAL RULES

---

1. Offense will Start on the 40-yard line.
2. There will be a coin flip before each game for 1st possession on day one and on day two the higher seed will choose which team gets the ball first (ex. #1 plays #16, #1 gets the ball first).
3. Player is down when he is touched with one hand below the neck and above the ankle.
4. QB will have 4.0 seconds to throw. Refs will 3-chop and the 4th chop is the whistle.
5. Each team will have one blitz per game (incl overtime). **HEAD REFEREE WILL TRACK.**
6. Running by the offense is permitted.
7. Each team will be given a :30 timeout for each game. **HEAD REFEREE WILL TRACK.**

## TEAMS, COACHES AND GAME MANAGERS

---

1. Maximum number of players on one team is twenty-four (24).
2. Players must remain on their sideline during their game.
3. Players and coaches respect the teams that are playing. Do not warm-up on their sideline.
4. Please police your own sidelines keeping players back during the game and clean up all trash after your game.
5. Maximum of four (4) coaches per team.
6. **One Offensive Coach and no more than two players can be on the field (players must be on one knee) during play. 1st time is a warning 2nd time delay of game will be assessed (which IS a loss of down)! No defensive coaches can be on the field at any time!**
7. Each game will have at least 2 referees, and a game manager/timekeeper/score keeper. Coaches will be responsible for signing the final game score sheet after each contest.

## PLAYER ELIGIBILITY

---

**Every participant will be required to check-in at the registration table. Please arrive an hour before game time to allow time for check-in requirements.**

## GAME TIMES AND LATE POLICY

---

1. Teams must be onsite and ready to start on time. If a team is late or cannot start on time, the team will lose its timeout and the opposing team will be awarded opening possession. If the delay exceeds 5 minutes, the opponent will be awarded 7 points. If a team is 10 minutes late or more they will forfeit the game.
  - **Please arrive at least 30 mins before scheduled game time.**
2. Each game will last 25 minutes – Inside 1-minute of play, the clock will stop on incompletions, out of bounds, defensive penalties, timeouts, change of possessions and extra point attempts.
  - **If a TD is scored and time runs out, the scoring team will be allowed an extra point attempt.**
3. The head official will keep the time and will be located by the offensive huddle; The head official will blow the whistle to start the clock.

## OFFENSE

---



1. The offense will start on the 40 yard-line with the option of using either hash. First downs will be at the 25 and 10-yard lines. Once the 1st down is achieved inside the 10-yard line you will have 3 downs to score.
2. The offense has 3 downs to gain a first down.
3. Each team must possess a center to snap the ball. If using a center, he is ineligible to catch a pass.
4. After a score, the offense can go for 1 at the 5-yard line or 2 at the 10-yard line. The offense may place the ball either on the hash or the middle.
5. **The offensive team may run the ball on ANY DOWN (Example they can run 1st 2nd and 3RD if they choose).** All forms of runs and handoffs are permitted.
6. The 1ST player to receive the ball from the center is considered the QB and can **NOT** run. The 2nd player to possess the ball is the runner and is not allowed to throw or lateral the ball.
7. **NO BLOCKING – THIS WILL RESULT IN A 5-YARD PENALTY FROM THE PREVIOUS LINE OF SCRIMMAGE AND A LOSS OF DOWN.**
8. Fumbled shot-gun snap is a dead ball (loss of down), and the ball will return to the original line of scrimmage. All fumbles are dead where they lay.
9. Offensive team is responsible for retrieving and returning the ball to the previous spot or the new line of scrimmage.
10. All offensive formations must be legal sets. Receivers' alignment should respect the tackle box.

## SCORING

---

1. Six (6) points for a touchdown
2. One (1) point for a PAT from 5 yard line
3. Two (2) points for a PAT from 10 yard line
4. Three (3) Points for Interception (no runbacks or "pick 6")
5. Turnover on a PAT is dead ball (including INT) and no points will be given
6. If there is an interception that occurs with no time on the clock, the defense will still be awarded 3 points for the interception.
7. **Official scores will be kept by the scorekeeper on the Field.**

## OFFENSE PENALTIES

---

1. False Start = Loss of Down
2. Delay of Game = Loss of Down
3. Each team will have 25 seconds to snap the ball once it has been marked ready for play; delay of game penalty will be assessed.
4. Pass interference = 5-yard penalty and Loss of Down
5. If there is an offensive penalty at the 40-yard line, the Offensive team will just be penalized with a loss of down. (ex. 1st Down, Offensive Pass Interference penalty @ 40 yard line, next play will be 2nd down from the 40 yard line.
6. The offensive team is responsible for retrieving and returning the ball to the previous spot or the new scrimmage spot. The clock does not stop and any delay by offense in retrieving and returning the ball TO THE REFEREE will result in a delay of game and be a loss of down.
7. Dead Ball penalties on the Offense assessed after the play would result in a 15-yard penalty.
8. If the scoring team is assessed a dead ball penalty after a touchdown, they will forfeit their extra point opportunity.
9. If there is an Offensive penalty (false start, delay of game, Offensive Pass Interference, etc...) when the defensive team blitzes, the defensive team will be awarded their blitz back if the penalty is accepted.



## DEFENSIVE PENALTIES

---

1. Off-sides = 5-yard penalty
2. Pass Interference = will be a spot foul (1st down at the spot).
3. Defensive Holding = Defensive Holding is a 5-yard penalty and automatic first down.
4. If Defensive Pass Interference occurs in the end zone, it will result in a 1st down at the 1-yard line.
5. Defensive Pass Interference on an extra point is half the distance for the same amount of points. Ex. Going for 2 from the 10yrd, PI in the endzone ball is moved to the 5yrd and if converted offense gets 2pts.
6. Any dead ball penalty on the defense AFTER a change of possession or TD would result in a loss of down for that team's offense when they begin their ensuing possession.
7. Responsibility to avoid contact is with the defense.
8. If the defense crosses the line of scrimmage during a passing play, they will be penalized 5 yards and the play will result in an automatic first down. The offense will have the option to decline.
9. Dead Ball penalties on the defense assessed after the play would result in a 15-yard penalty or half the distance to the goal from the spot of the ball and an automatic first down.
10. The game CANNOT end on a defensive penalty!
11. **Tackling or unnecessary roughness will be an unsportsmanlike penalty (No Warning). Resulting in a 15-yard Penalty and AUTO 1st Down, and subject to ejection of the player. Diving at the legs of an offensive player will be considered unnecessary roughness.**  
**If there is a Defensive penalty that occurs when the defensive team blitzes (defensive holding, offsides, etc.) the defensive team will lose their blitz for the remainder of the game.**

***Punting the Ball will result in a personal foul, if on a change of possession, the penalty will result in a loss of down and the ball placed on the 40yd line.***

1. Punting the Ball will result in a personal foul, if on a change of possession, the penalty will result in a loss of down and the ball placed on the 40yd line.

## TIE BREAKER/OVERTIME RULES

---

1. Any game that ends in a tie will result in Overtime.
2. The referee will select a team to call the coin toss in overtime, at his/her discretion.
3. The winner of the coin flip will select if they want to be 1st offense or defense.
4. The ball will be marked on the 10-yard line and NCAA overtime rules will apply. Each Team has three attempts at the end zone.
5. Only offensive scoring will count in overtime. *\*If a game goes into a 2nd overtime, the team that gets the ball 2nd in the 1st overtime will receive the ball 1st in the 2nd overtime. 3rd Overtime teams will switch again.*

## OVER TIME PENALTIES

---

All regulation rules and penalties apply.



## TOURNAMENT SEEDING

---

Top **Six (6) teams** will be seeded into a Tournament based on the Win/Loss record and points scored during the season.

## FIGHTING WILL NOT BE TOLERATED

---

If a player throws a punch, he is ejected immediately and cannot return for the tournament. If the team benches clear and it results in a fight both of the teams will be ejected and cannot return. IF A PLAYER WHO IS PUNCHED & RETALIATES BUT DOES NOT SWING BACK, WILL BE REQUIRED TO SIT OUT A SERIES. IF A PLAYER IS PUNCHED AND SWINGS BACK, HE WILL BE EJECTED FOR THE GAME. Each team is responsible for their fans, coaches and players!

## CELEBRATIONS

---

We encourage celebrations. However, we do not tolerate taunting. Keep it fun and keep it quick so as not to unnecessarily delay game play. If during a celebration you pass the other teams hash, you will be penalized for taunting.

## EQUIPMENT REQUIREMENTS

---

**Each Player must have a mouthpiece and wristband to compete! No exceptions, this will be enforced by the game manager/referee!! QB's do not have to wear a mouthpiece**

**\*\*Headgear is recommended but is not required\*\***





## UNIFORMS

Matching compression t-shirts/jersey and pants with 6" number on the back. If not, compression t-shirts/jerseys must be tucked in, and no shorts or sweats with pockets or outside drawstrings. Mouth guards must always be worn by players excluding the QB. No article of clothing may cover any portion of a player's flag, if applicable. Pants/shorts with belt loops, and pockets are not allowed. **No hats with bills. No "do-rags". No sunglasses. No Jewelry. No flip flops or opened toed shoes. Uniform violations will result in a player being deemed ineligible for the game.**

## ILLEGAL EQUIPMENT

A player wearing illegal equipment shall not be allowed to play. Types of equipment that shall be declared illegal include:

- Maintaining any hard, unyielding, stiff material, including billed hats, or items containing exposed knots, such as bandanas.
- Types of equipment that shall be declared illegal include: Shoes with metal, ceramic, screw-in, or detachable cleats unless the screw is part of the cleat.
- Jerseys that have been altered in any manner which produces a knot-like protrusion. E. Leg and knee braces made of hard, unyielding material, unless covered on both sides and all edges.
- Towels may not hang from a participant's waist.
- Shoulder pads
- Stickum of any kind (on body, gloves, or ball)

**Penalty: Ineligible until removed and a loss of ten (10) yards**

## FLAGS

Teams will provide flags, if needed. Velcro or Triple Threat. **NO BALL & SOCKET FLAGS ALLOWED.** Flags must be of contrasting color to pants, trim, or shorts. Flags must be worn as intended. Any looping, cutting, or alteration of any kind will result in an unsportsmanlike conduct penalty and a loss of down.

## TEAM ROSTER

Teams can carry twenty (20) players on their rosters. Your roster must be turned in to a BREC sports manager prior to the first week of the season. Coaches must have all players listed in readable print and signed by each player before they can participate in the youth7v7 football season. It is the coach's responsibility to make sure the roster has all the players listed. **NO NICKNAMES ARE ACCEPTED.** Full names must be printed and signed. **No new player can be added after the 2<sup>nd</sup> week of the season.**

## PLAYER/TEAM DISQUALIFICATION

All Non-athletes/coaches are responsible to see that their team meets all eligibility requirements. If a player is found to be ineligible prior to the start of a sanctioned competition, the player will be expelled from the competition and the team will continue. If a player is found to be ineligible after the competition has started, the player will be expelled from the competition and the team will forfeit all games in which the ineligible player was listed on the official score sheet. The team may continue to participate, if applicable, without the expelled player.



## **ROSTER DISPUTE**

Teams that want to dispute the opposing team's roster may do so the first ten (10) minutes of the 1<sup>st</sup> half only. After ten (10) minutes, the right to dispute is forfeited. Roster disputes are done by checking driver licenses and/or any government issued ID, if a player does not have a valid picture ID the player will be removed from the game and cannot play until he or she shows proof. The player will have until the next game to show proof or the team will forfeit all games that the disputed player has played in.

## **PLAYER BEHAVIOR**

Any coach, or player verbally or physically abusing a game official, opposing player, or any other individual, will be ejected from the game and must leave the facility immediately. Any player refusing to leave will cause his team to forfeit the game. In the case of physical abuse or extreme unsportsmanlike conduct, additional disciplinary action can/will be taken by BREC's Athletic Department including but not limited additional suspensions and/or removal from the league. **COACHES WILL BE HELD RESPONSIBLE FOR THE ACTIONS OF THEIR TEAM MEMBERS AND FANS.**

## **SUSPENSIONS**

A player who is ejected from a game will be required to leave sight and sound of the facility within 2 minutes. If a player fails to leave after an ejection, the game will be forfeited by the umpire. Managers should see that your player leaves promptly. If any player is ejected from the game, he/she shall be automatically suspended for a minimum of one game, additional punishment could be handed down pending review by BREC staff. If the player is ejected a second time, he/she will be suspended for the remainder of the season, or if circumstances so warrant, be suspended from participation in any program and/or facility of BREC indefinitely, pending review by staff

## **EJECTIONS**

All ejections carry a mandatory suspension of the next scheduled game. If a player is ejected twice (2) within one playing season, they are not allowed to participate within the playoffs or league for the next year until player's parent/guardian and coaches have contacted Athletics Department for a hearing on the matter.

## **PROTEST**

All protest must be made on site prior to play resuming. Only team captains can confer with the officials. Protest must be lodged only for misinterpretation of rules. Protest must be lodged properly in writing and must be submitted to Athletic Department within two working days (Mon.-Fri.) after protested incident.

## **RETURNED CHECKS**

Teams will be eliminated from any further league play for non-payment of league fees.

## **FORFEITS**

- The field supervisor's or official's watch represents the official time. Any time five players are on the field; the game must start.
- Teams with fewer than five (5) players will be given a forfeit.
- The score of a forfeited game will be 7-0.



- In the event of a double forfeit each team will be credited with a loss with the score being recorded as 0-0.
- Forfeit Limits: A team which exceeds its maximum limit may be dropped from the league without a refund. Maximum limits:
  - Teams which play one game per week .....2 forfeits within the playing season
  - Teams which play two games per week .....3 forfeits within the playing season

## REFUND POLICY

No refunds and/or household credit will be given unless a league has not played 50% of league games before the league is cancelled. *All refunds and/or household credits will be determined by the Athletics Department discretion.* If rule violations result in a team being removed from the league, the following refund formula will be used.

- Teams expelled between the date of registration and the beginning of their leagues first game **will forfeit 100%** of their registration fee.
- Teams expelled after the start of their first game **will forfeit 100% of fee.**

## RAIN MAKE UPS

In most cases, teams will receive at least one week notice of schedule changes.

In emergencies, teams may be asked to play with less notice.

Managers will receive a rain make-up schedule through email upon games being rescheduled.

## ROSTER CHECKS

BREC staff reserves the right to randomly check team rosters for player validity. The manager is responsible for keeping up-to-date team roster records. This practice can eliminate any question as to whether a team member is eligible to play. Players must present BREC staff with a form of photo identification upon request. Any player or team information which is not correct on a team's roster, and/or the use of illegal or ineligible players will result in league discipline.

## PLAY-OFFS/TOURNAMENTS

Play-offs will consist of the top six (6) teams from each league.



### **Injury, Bleeding or Open Wound:**

A player/substitute, manager, coach, trainer, or other team member or sports official who is bleeding or who has an open wound shall be prohibited from participating further in the game until the bleeding is stopped and the wound covered.

1. If treatment can be administered in a reasonable amount of time the individual would not have to leave the game. The length of time that is considered reasonable is umpire judgment.
2. If excessive time is involved, the re-entry rule would apply to players.
3. If there is an excessive amount of blood on the uniform/bandage must be changed before the individual may participate.

### **Concussion Protocol:**

Any player that exhibits signs, symptoms or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the game and shall not be returned to play.

### **Communicable Disease Procedures:**

While risk of one athlete infecting another with HIV/AIDS during competition is close to non-existent, there is a remote risk that other blood borne infectious diseases can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing potential or transmission of these infectious agents should include, but not be limited to, the following:

1. The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform it must be changed before the athlete may participate.
2. Routine use of gloves or other precautions to prevent skin and mucous-membrane exposure when contact with blood or other body fluids is anticipated.
3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
4. Clean all blood contaminated surfaces and equipment with a solution made from proper dilution of household bleach (CDC recommends 1-100) or other disinfectants before competition resumes.
5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.
7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
8. Contaminated towels should be properly disposed of/disinfected.
9. Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouth guards and other articles contain body fluids. The referee shall not permit any team member to participate if in his/her judgement any item constitutes a safety concern, such as, but not limited to, a player's fingernails or hairstyles.

***BREC reserves the right to re-evaluate the rules and place improvements in place for any current rules and/or violations. BREC reserves the right rule on any items not covered in the document and to expand the rule basis. Rules that are not covered in the BREC rules and operating code, will automatically defer to Futsal Laws of the Game rules and procedures.***

