RECREATION & PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE



Youth Futsal

Indoor/Outdoor Soccer

March 2020



BREC ATHLETICS 6201 Florida Blvd Baton Rouge, LA 225.272.9200

THE RECREATION AND PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

Dear Team Manager,

On behalf of the Recreation and Parks Commission for the Parish of East Baton Rouge, we would like to welcome you as a participant in our Youth Futsal Program.

Our goal is to offer quality sports programming at affordable prices and see that each participant has an enjoyable leisure experience.

Please read the rulebook at your first opportunity to familiarize yourself with our league's rules and regulations.

We now have an online registration system. You can establish your online account at <u>www.brec.org</u>. For additional information, you can contact <u>athletics@brec.org</u> or you can also visit our department's web site at <u>http://www.brec.org/index.cfm/subhome/athletics</u>.

All managers/coaches must take the SPORTSMANSHIP class. (NFHS Sportsmanship Course <u>http://nfhslearn.com/courses/37000</u>) Submit completion certificate with team registration form.

All manager/coaches must take the CONCUSSION training course (Center for Disease Control and Prevention Concussion Training Course <u>https://www.cdc.gov/headsup/youthsports/training</u>) Submit completion certificate with team registration form.

Again, welcome to our program. Wishing you and your team a very enjoyable and successful season.

Sincerely,

BREC Athletics

The Recreation and Park Commission for the Parish of East Baton Rouge reserves the right to make changes to this document as necessary during the season.



THE RECREATION & PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

TEAM REGISTRAION

Player Contracts

All youth players' registration forms must be filled out with a copy of the original birth certificate and a current photo that must be attached in double-sided format. Every registered player must be listed on the team roster.

Coaches Registration for Youth Sports Volunteer Coach

All Coaches a required to complete and submit a BREC Volunteer Coaches Background Check Form.

www.volunteer.brec.org

Teams/organizations with multiple teams and/or age groups are required to have more than one (1) coach per team. No Exceptions.

People who have not registered, and been approved, as a coach will not be allowed to coach in any capacity (practice or games).

People who are not listed on the team roster will not be allowed to coach in any capacity during games.

A coach who does not have their Volunteer ID Badge is not allowed on the sideline/bench area as coach.

Wearing your BREC volunteer identification badge is an important public safety tool and you are always required to wear them.:

- The ID provides special designation for authorized and qualified volunteers.
- The ID is a key component of a comprehensive risk management practice that reflects a comprehensive public safety practice.
- The ID builds trust among the public that parks and recreation is committed to quality management practices.
- The ID provides public information regarding the leadership role of parks and recreation to make communities safe.
- A photo identification practice serves the dual purpose of identifying volunteers as qualified and authorized personnel and builds public awareness for quality volunteer management practices.
- The system of requiring identification badges is only effective when there is compliance by all volunteers wearing their photo identification always of service.



Guidelines for BREC Volunteer Identification Badges

- 1. All qualified volunteers are required to wear a photo identification badge.
- 2. Photo identification badges are always to be displayed when at practice or a game setting and are not to be worn or used for any other purpose than a volunteer coaching assignment.
- No pins, stickers, or markings can be displayed on the BREC ID badge. The photo identification badge must be clearly visible to the public and should be worn between the shoulders and waist with the photo clearly visible. (BREC provided black lanyards before the start of the season for coaches to wear around their necks)
- 4. If a photo identification badge is lost or stolen, it is the responsibility of the volunteer to notify a supervisor as soon as possible to obtain a replacement badge.
- 5. The photo identification badge will be issued to all volunteers after the completion of a comprehensive background check and will expire one year from that date of issuance.
- 6. It is the duty of every qualified volunteer to report any volunteer failing to properly display their credential and sign the volunteer log book before each BREC practice and/or game.

Failure to perform any of the given guidelines will resort in your team forfeiting a contest and any individual not adhering to BREC policy and procedures for youth basketball and/or any other sport with youth participation, will be escorted from the premises.

If you have any questions and/or concerns, please contact the Athletics Department at <u>athletics@brec.org</u>.

All coaches and officials are required to take and complete a Sportsmanship Course offered through the National Federation of State High School Associations (NFHS). Coaches and officials are also required to complete a concussion training course offered through the Centers for Disease Control and Prevention. The completion certificates for the Sportsmanship training as well as the Concussion training must be submitted when your team registration packet is submitted. If any coach does not submit his/her certificates will not be eligible to coach until the coursed are completed and their certificates are submitted.

- Sportsmanship Course Link: <u>http://nfhslearn.com/courses/37000</u>
- Concussion Course Link: <u>https://www.cdc.gov/headsup/youthsports/training/</u>

TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): I hereby represent that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release, on behalf of myself and organization.

Coach Signature: _____

Print Name:

League: _____

Date: _____'



BREC CODE OF CONDUCT

- No manager, player, or spectator shall physically/verbally threaten, lay a hand upon, shove, or strike an official, field supervisor, staff member, player and/or spectator.
- No manager, player, and/or spectator shall be guilty of objectionable and/or disruptive verbal demonstrations of dissent at an official's or field supervisor's decision or refuse to abide by official's or field supervisor's decision. No manager, player, and/or spectator shall be guilty of verbal abuse to include references to an individual or group's race, religion, gender, national origin, disability or age.
- Participants shall not use flagrant rough tactics against an opposing player.
- There shall be no unnecessary throwing of equipment, or any other objects.
- There will be no cause for defacement or destruction to any public facility or equipment.
- Participants (managers, coaches, players, etc.) may not falsify their own name or any other player's name on a team roster, scoresheet, or any other league document. The use of ineligible or illegal players is not permitted.
- Individuals and/or teams violating the Code of Conduct will be subject to league discipline action which may include one or more of the following actions: game ejection, game forfeiture, game suspensions, probation and/or seasonal suspension.

BREC PARK POLICIES

- No alcoholic beverages may be brought onto or sold on BREC property. (City Parish Ordinance, Title 13: Section 13:1010)
- Pets must always be leashed, and droppings removed. For information on our Dog Park locations, please call 272-9200 ext. 400. (City Parish Ordinance Title 14, Chapter 2, Sec.
- 14:204)
- Firearms, explosives and weapons of any type are prohibited in all park areas. (City Parish Ordinance, Title 13: Section 13:1011)
- Gambling or games of chance are prohibited on BREC property. (City Parish Ordinance, Title 13: Section 13:90.2)
- Firearms, explosives and weapons of any type are prohibited in all park areas. (City Parish Ordinance, Title 13: Section 13:1011)
- Please help keep your parks clean by placing all trash and litter in receptacles provided at all BREC parks. For safety purposes glass containers are prohibited within parks.
- Sale of merchandise, food and beverage, solicitation of fees or donations, or conducting any type of business or event, including distribution of flyers, signs or other advertising mediums is prohibited without permit from BREC Commission. (City Parish Ordinance Title 3, Chapter 5, Sec 3:90- 93) For additional information regarding permits see Special Events.
- Park patrons are advised to be cautious of purchasing any product or merchandise from a vendor in a BREC park not displaying a BREC Permit or not selling from a designated BREC concession stand.
- Teams/Spectators may not play their own music inside of a BREC park before, during, or after games.
- Teams/players violating any BREC park policy may be subject to forfeiture of the game and/or expulsion from the league.



Team Manager Responsibilities

Team managers serve as a communication between BREC and staff to members of their team. Therefore, it is important that all team managers communicate effectively, pertinent information submitted from the Athletics Department. We ask that all team mangers read each document thoroughly and carefully, and as well as all included attachments, if needed.

> It is the responsibility of team manger to make sure that...

- 4 All rosters are submitted and completed, prior to the season startup date.
- 4 All rosters are updated when new player additions are made.
- Each player, coach, and/or manager participating has signed their roster/waiver prior to participation.
- Each player is aware of the rules, procedures, and player code of conduct put in place by BREC
- The athletics department is notified properly on any forfeited game, so that arrangements are made for the opponent of that team.
- 4 All rescheduled games, game cancellation, and forfeits are relayed to members of the team.
- All written protests are submitted to the Athletics Office within 2 (48 hours) business days of the incident in question.
- All players are in the appropriate color uniform based on HOME or VISITOR bench, with numbers affixed to jersey. *Players who fail to comply will be ruled ineligible to participate.*
- That members of their team, fans and/or parents conduct themselves in a manner within accordance of BREC league rules and Code of Conduct.
- Relay/Forward all player suspension documents to member(s) of their team, if needed.

TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): I hereby represent

that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release, on behalf of myself and organization.

Coach Signature: _____

Print Name: _____

League: _____

Date: _____'



PARENTS CODE OF ETHICS

I hereby pledge to provide positive support, care and encouragement for my child participating in youth sports by following this Code of Ethics.

I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other youth sport event.

I will place the emotional and physical well-being of my child ahead of any personal desire to win.

I will insist that my child play in a healthy environment.

I will provide support for coaches and officials working with my child to provide a positive, enjoyable experience for all.

I will demand a drug, alcohol and tobacco-free sports environment for my child and agree to assist by refraining from their use at all youth sports events.

I will remember that the game is for children and not for adults.

I will do my very best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.

I will promise to help my child enjoy the youth sports experience within my personal constraints by being a respectful fan, providing transportation or whatever I can do.

CHILD PARTICIPANT NAME(S):

2	
3	
4.	

Team/Organization Name: _____

TO BE READ AND SIGNED BY PARENT/GUARDIAN OF MINOR: I hereby represent that I am the parent/guardian of the minor(s) whose name(s) appears above. I am familiar with and consent and agree to the terms and provisions set forth in this release/parent's code of conduct, on behalf of myself and said minor.

Parent/Guardian Signature: _____

Print Name: ___

Date:

By placing your email below, you are giving permission for BREC staff to send updated league information, as well as upcoming BREC leagues/events in the future. Please print legibly.

Email address: ____



COACHES CODE OF ETHICS PLEDGE

I hereby pledge to live up to BREC's Coaches Code of Ethics.

I will place the emotional and physical well-being of my players ahead of any personal desire to win.

I will remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.

I will do my very best to provide a safe playing situation for my players.

I promise to review and practice the necessary first aid principles needed to treat injuries of my players.

I will do my best to organize practices that are fun and challenging for all my players.

I will lead, by example, in demonstrating fair play and sportsmanship to all players.

I will insure that I am knowledgeable in the rules of each sport that I coach, and that I will teach these rules to my players.

I will use those coaching techniques appropriate for each of the skills that I teach.

I will remember that I am a youth coach, and that the game is for children and not adults.

By placing your email below, you are giving permission for BREC staff to send updated league information, as well as upcoming BREC leagues/events in the future. Please print legibly.

Email address: _____

TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): I hereby represent

that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release, on behalf of myself and organization.

Coach Signature: _		 	
Print Name:		 	
League:		 	
Date:	,		





COACH & SUPPORTER CODE

NO COACH or SUPPORTER who is associated with your team is allowed under no circumstances to say (shout/criticize/heckle) anything to a BREC Sports official (Court/Scores Table). Any coach/parent/supporter who is cited with saying anything to a BREC Sports Official will be the result of a technical foul (2 shots) called/charged against the team (issued to the Head Coach) in which the erratic supporter is affiliated. If a second (2nd) technical foul is called/charged against the team of the coach/parent/supporter, the team with two (2) Fan/Supporter Technical Fouls will forfeit the game immediately and the Head Coach will serve a one (1) game suspension. Coaches are responsible for the actions of their supporters.

Acknowledgement of Rule Book & Bylaws

TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): I hereby represent

that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release of the rule book & bylaws, on behalf of myself and/or organization.

Coach Signature:	
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Print Name: _____

League: _____

Date: _____



BREC YOUTH FUTSAL RULES & BYLAWS

GAME

Game Time is Forfeit Time!

-All age groups will play two (2) twenty (20) minute halves. The clock is stopped every time the ball goes out of play and is restarted when play resumes. Teams are entitled to a one-minute time-out in each period.

AGE DIVISIONS

<u>4U</u>- Any player who has not reached his or her 5th birthday on or before
<u>September 1st, in the current year is eligible to play.</u>
<u>6U</u>- Any player who has not reached his or her 7th birthday on or before
<u>September 1st, in the current year is eligible to play.</u>
<u>8U</u>- Any player who has not reached his or her 9th birthday on or before
<u>September 1st, in the current year is eligible to play.</u>
<u>10U</u>- Any player who has not reached his or her 11th birthday on or before
<u>September 1st, in the current year is eligible to play.</u>
<u>12U</u>- Any player who has not reached his or her 13th birthday on or before
<u>September 1st, in the current year is eligible to play.</u>
<u>12U</u>- Any player who has not reached his or her 13th birthday on or before
<u>September 1st, in the current year is eligible to play.</u>
<u>14U</u>- Any player who has not reached his or her 15th birthday on or before
<u>September 1st, in the current year is eligible to play.</u>
<u>14U</u>- Any player who has not reached his or her 15th birthday on or before
<u>September 1st, in the current year is eligible to play.</u>
<u>14U</u>- Any player who has not reached his or her 15th birthday on or before
<u>September 1st, in the current year is eligible to play.</u>

<u>17U</u>- Any player who has not reached his or her 18th birthday **on or before** September 1st, in the current year is eligible to play.

Players of younger division age may play/participate in older divisions, but an older division age player may not play in the younger divisions.

Players may not play on more than one team per league per season

Player Post-Season Eligibility: Any player on your roster must play in at least fifty percent (50%) or more of their scheduled league games for the regular season their team is currently playing in. If not, he or she will be deemed ineligible for any post-season games.

TEAM

- Teams are comprised of four (4) outfield players and one (1) goalkeeper.
- Five (5) players must be present to start a game.

(Less than Five (5) players at the beginning of the game will result in a forfeit)

ELIGIBILITY

It is recommended that teams have no less than eight (8) players and no more than twelve (12).

Each player must be on their signed roster in order to be eligible for play.

The registration fee for the league per be turned in to BREC's Athletic Department with the complete



team packet by the deadline date established each season. Schedules will then be drawn up and listed on <u>www.webtrac.brec.org</u> under League Search.

Coaches must turn in a completed player contract for each player on their roster. A recent photograph copy of the original birth certificate and a recent photo of the player must accompany this contract that is doubled-sided.

a. In case of an age eligibility question the coach must be able to present an original birth certificate within 72 hours. If the original is not presented the player will automatically be suspended until the original birth certificate is produced.

Players will not be permitted to sign with a team after the deadline date (After the second scheduled playing date) established yearly.

Players will not be allowed to play in more than one (1) BREC league within the Youth Futsal program.

All games in which an ineligible player has played will be forfeited.

OFFICIALS & SCHEDULES

All officials will be furnished and approved by BREC.

All games will be played at the court indicated on the schedule. Games will be played as

scheduled.

All teams will play a minimum if six (6) games and a maximum of ten (10) games a season.

COACHES

There is a maximum of three (3) coaches on the bench with the players per game.

UNIFORMS

Matching t-shirts/jersey. Similar colored t-shirts/jersey, other than grey, with 6" number on the back. Tshirts/jerseys must be tucked in, and no shorts or sweats with pockets or outside drawstrings. Mouth guards must always be worn. No article of clothing may cover any portion of a player's flag. Pants/shorts with belt loops, and pockets are not allowed. No hats with bills. No "do-rags". No sunglasses. No Jewelry. No flip flops or opened toed shoes. Uniform violations will result in a player being deemed ineligible for the game.

ILLEGAL EQUIPMENT

A player wearing illegal equipment shall not be allowed to play. Types of equipment that shall be declared illegal include:



A. Headwear containing any hard, unyielding, stiff material, including billed hats, or items containing exposed knots, such as bandanas.

B. Jewelry of any kind.

C. Shoes with metal, ceramic, screw-in, or detachable cleats unless the screw is part of the cleat.

D. Jerseys that have been altered in any manner which produces a knot-like protrusion. E. Leg and knee braces made of hard, unyielding material, unless covered on both sides and all edges.

- F. Towels may not hang from a participant's waist.
- G. Shoulder pads
- H. Stickum of any kind (on body, gloves, or ball)

Penalty: Ineligible until removed and a yellow card presented to player.

Youth Futsal Rules

General Rules:

- Teams may call one one-minute timeout per half (when in possession of ball,
- ball out of play).
- There is no overtime, injury time or stoppage time.
- Teams are comprised of four outfield players and one goalkeeper.
- The goalkeeper must wear a different color jersey than the outfield players.
- There is no offsides in futsal.

Substitutions:

All substitutions are on the fly, this includes goalkeeping substitutions. Referees will not stop play for goalkeeping substitutions.

A substitute may not enter the pitch until the player leaving the pitch leaves through the substitution zone in front of his teams' bench.

Any substitute who enters the pitch before the player being replaced has completely left the field of play may be shown a yellow card.

All substitutions must take place through the substitution zone in front of his teams' bench -- not at the half-way line.

Both teams will switch benches (and ends) at the beginning of halftime, ensuring that all substitutions take place in the defensive half.

General Rules:

- Teams may call one one-minute timeout per half (when in possession of ball,
- ball out of play).
- There is no overtime, injury time or stoppage time.
- Teams are comprised of four outfield players and one goalkeeper.
- The goalkeeper must wear a different color jersey than the outfield players.
- There is no offsides in futsal.

Kickoffs:

A goal may not be scored directly from a kick-off. The ball must be played forward first. Tapped balls are not in play – the ball must move forward.

Kick-ins:

Kick-ins are indirect. The ball must be placed on or no more than 10 inches



behind the line and the kick must be taken within 5 seconds. The kicker's non-kicking foot must be out of bounds or on the line. (A kick-in that goes directly in the opposing goal is a goal clearance for the opposing team. A Kick-in that goes directly in the defensive goal is a corner kick of the opposing team.) If the kick-in does not enter the pitch or if the kick is not taken within 5 seconds the kick-in is taken by the opposing team.

Goal Clearances:

Goal Clearances are taken when the ball wholly crosses the goal line and not under the crossbar and between the goalposts and after being touched last by the attacking team.

The goalkeeper must use his hands to roll, bounce or throw the ball from anywhere inside the penalty area to outside the penalty area.

Corner Kicks:

Corner Kicks are direct. The ball must be placed directly on the corner arc and the kick must be taken within 5 seconds.

If the kick is not taken within 5 seconds the restart becomes a goal clearance for the opposing team

Free Kicks:

Free Kicks may be indirect or direct. The ball must be stationary before the kick may be taken

Penalty Kicks:

Penalty Kicks are taken from the penalty spot and must be taken by a clearly identified kicker. Defenders may not be nearer to the ball than 16 feet and even or behind the ball when the kick is taken.

Fouls and Misconduct

Indirect Free Kicks:

When a player plays in a dangerous manner, impedes an opponent, prevents the goalkeeper from releasing the ball with her hands, goalkeeper takes more than 4 seconds to release the ball when in possession in his own half, plays the ball again within his own half after releasing the ball and the ball doesn't touch an opponent or has gone out of play or commits any offense for which play is stopped to caution or eject a player.

Direct Free Kicks:

When a player kicks an opponent, tackles an opponent, trips an opponent, jumps at an opponent, charges an opponent, strikes an opponent, pushes an opponent, holds an opponent, spits at an opponent or handles the ball deliberately.

Yellow Card/Caution:

The offending player is shown a yellow card. If a player is shown two yellow cards in a match, he is shown a red card.

Red Card/ Send-off:



The offending team plays with one less player for two full game minutes or unless scored upon before the twominute penalty expires. The offending player serves a minimum one-match suspension.

Accumulated Fouls:

All direct free kick fouls are recorded on the score sheet and on the scoreboard.

If one team accumulates 6 or more direct free kick fouls in one half, the opposing team will take a direct free kick without a wall.

If the foul occurs farther from the attacking goal than the second penalty spot, the Direct Free Kick Without a Wall is taken from the second penalty spot.

If the foul occurs nearer to the attacking goal than the second penalty spot (but outside the penalty area, of course), the attacking team may choose whether to take the Direct Free Kick Without a Wall from the second penalty spot or from the spot of the foul.

All Direct Free Kicks Without a Wall must be kicked with the intention of scoring a goal by a clearly identified kicker.

The defending team may not make a wall and may not be nearer to the ball than 16 feet and even or behind the ball when the kick is taken. The goalkeeper may be off the goal-line but may not be nearer than 16 feet from the ball.

Accumulated fouls are reset to zero at the beginning of the second half and carry over into extra-time if being played.

Penalty

Second Penalty Spot:

30 feet from goal-line and the center of the goal

Penalty Spot:

20 feet from goal-line and the center of the goal and placed at the top of the penalty area line.

Advantage:

Advantage is applied in Futsal. Direct free kick foul will count as accumulated fouls if advantage is applied even if play is not stopped by the referees.

If the referee gestures with both arms, the foul was a direct free kick foul and will be counted accordingly. If the gesture is with one arm, the free kick would have been indirect and will not count as an accumulated foul.

The Goalkeeper:

- Must wear a different color shirt.
- He may wear long pants and/or other padding as deemed safe by the
- match referee.
- May receive a kick-in directly.
- May kick the ball directly over the half-way line.
- May score directly with his feet during the run of play.
- May not possess the ball for more than five seconds in his own half.
- May throw the ball directly across the half-way line.
- May not score a goal by using the hands (cannot throw or hit the ball



• directly into the goal)

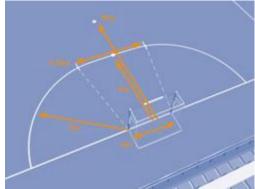
Futsal Court

The field shall be rectangular. The length of the touch line shall be greater than the length of the goal line.

U.S. Matches	International Matches
Length:	Length:
Minimum 25m (82 feet)	Minimum 38m (124.6 feet)
Maximum 42m (137.8 feet)	Maximum 42m (137.8 feet)
Width:	Width:
Minimum 15m (49.2 feet)	Minimum 18m (59 feet)
Maximum 25m (82 feet)	Maximum 25m (82 feet)
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The pitch shall be marked with lines. These lines belong to the areas of which they are boundaries. The two longer boundary lines are called **touch lines**. The two shorter lines are called **goal lines**.

All lines shall be 8 cm wide. The pitch shall be divided into two halves by the halfway line. The center mark shall be indicated at the midpoint of the halfway line. A circle with a radius of 3m (9.8 feet) shall be marked around it.



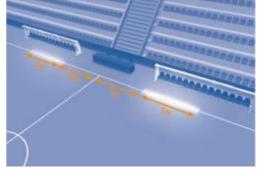


The Penalty Area shall be marked out at each end of the pitch as follows:

Quarter circles, with a 6m (18 feet) radius, shall be drawn centered on the outside of each goal post. The quarter circles shall be drawn from the goal line to meet two imaginary lines 6m (19.6 feet) in length drawn at right angles to the goal line from the outside of the goalpost. The upper part of each quarter circle shall be joined by a 3.16-m (10.3 feet) line running parallel to the goal line between the goalposts. The curved line marking the outer limit of the penalty area is known as the penalty area line.

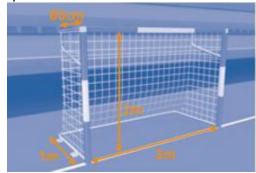
The Penalty Mark A mark shall be drawn 6m (19.6 feet) from the midpoint between the goalposts and equidistant from them.

The Second Penalty Mark A second mark shall be drawn on the pitch 10m (32.8 feet) from the midpoint between the goalposts and equidistant from them.



The Substitution Zones are the areas on the touch line in front of the team benches that the players shall use to enter and leave the pitch.

The substitution zones are situated in front of the team benches and are 5m (16.4 feet) in length. They shall be marked at each end with a line 8 cm wide and 80 cm in length, 40 cm of which is drawn on the pitch and 40 cm off the pitch the area in front of the timekeeper's table 5m (16.4 feet) to either side of the halfway line shall be kept clear.





The Goals shall be placed in the middle of each goal line. They shall consist of two upright posts equidistant from each corner and joined at the top by a horizontal crossbar.

The distance (inside measurement) between the posts shall be 3m (9.8 feet) and the distance from the lower edge of the crossbar to the ground shall be 2m (6.5 feet).

The goalposts and the crossbar shall have the same width and depth, 8 cm. The goal lines shall be the same width as the goalposts and the crossbar. Nets, made of hemp, jute or nylon, shall be attached to the back of the goalposts and crossbar. The lower part of the nets shall be attached to curved tubing or another suitable means of support.

The depth of the goal, i.e. the distance between the inside edge of the goalposts and the back of the net, shall be at least 80 cm at the top and 100 cm at ground level.

Futsal Ball

Indoors/Outdoors

The futsal ball is a low-bounce ball that is smaller than a normal outdoor soccer ball.

Senda Recife Official USYF Futsal Ball

Ball Sizing

Size 3: AGES 8 - 12 (23-inch circumference)

Size 4: AGES 13 & UP (25-inch circumference)



CONDUCT RULES

We ask that you always maintain a positive approach throughout the league and adhere to the following guideline:

Game officials shall have the respect and support of the coach. The coach shall not indulge in conduct which will incite the players or spectators against the officials. Public criticism of the officials or players is unethical

The coach should respect his opponents, display gracious behavior during competition and require his players to conduct themselves in similar fashion. Before and after the contest, rival coaches should meet and exchange friendly greetings to set the correct tone for the event.



Coaches shall actively use their influence to enhance sportsmanship by spectators

PLAYER BEHAVIOR

Any coach, or player verbally or physically abusing a game official, opposing player, or any other individual, will be ejected from the game and must leave the facility immediately. Any player refusing to leave will cause his team to forfeit the game. In the case of physical abuse or extreme unsportsmanlike conduct, additional disciplinary action can/will be taken by BREC's Athletic Department including but not limited additional suspensions and/or removal from the league. COACHES WILL BE HELD RESPONSIBLE FOR THE ACTIONS OF THEIR TEAM MEMBERS AND FANS.

SUSPENSIONS

A player who is ejected from a game will be required to leave sight and sound of the facility within 2 minutes. If a player fails to leave after an ejection, the game will be forfeited by the umpire. Managers should see that your player leaves promptly. If any player is ejected from the game, he/she shall be automatically suspended for a minimum of one game, additional punishment could be handed down pending review by BREC staff. If the player is ejected a second time, he/she will be suspended for the remainder of the season, or if circumstances so warrant, be suspended from participation in any program and/or facility of BREC indefinitely, pending review by staff

EJECTIONS

All ejections carry a mandatory suspension of the next scheduled game. If a player is ejected twice (2) within one playing season, they are not allowed to participate within the playoffs or league for the next year until player's parent/guardian and coaches have contacted Athletics Department for a hearing on the matter.

PROTEST

All protest must be made on site prior to play resuming. Only team captains can confer with the officials. Protest must be lodged only for misinterpretation of rules. Protest must be lodged properly in writing and must be submitted to Athletic Department within two

working days (Mon.-Fri.) after protested incident. If the protest is upheld the \$25.00 fee will be returned. The protest fee will be forfeited if the protest is not upheld.

RETURNED CHECKS

Teams will be eliminated from any further league play for non-payment of league fees.

FORFEITS

Game time is forfeit time!!

- The field supervisor's or official's watch represents the official time. Any time five players are on the field; the game must start.
- Teams with fewer than five (5) players will be given a forfeit.
- The score of a forfeited game will be 7-0.
- In the event of a double forfeit each team will be credited with a loss with the score being recorded as 0-0.



- Forfeit Limits: A team which exceeds its maximum limit may be dropped from the league without a refund. Maximum limits:
 - o Teams which play one game per week2 forfeits within the playing season

REFUND POLICY

No refunds and/or household credit will be given unless a league has not played 50% of league games before the league is cancelled. All refunds and/or household credits will be determined by the Athletics Department discretion. If rule violations result in a team being removed from the league, the following refund formula will be used.

• Teams expelled between the date of registration and the beginning of their

leagues first game will forfeit 100% of their registration fee.

• Teams expelled after the start of their first game will forfeit 100% of fee.

RAIN MAKE UPS

In most cases, teams will receive at least one week notice of schedule changes.

In emergencies, teams may be asked to play with less notice.

Managers will receive a rain make-up schedule through email upon games being rescheduled.

ROSTER CHECKS

BREC staff reserves the right to randomly check team rosters for player validity. The manager is responsible for keeping up-to-date team roster records. This practice can eliminate any question as to whether a team member is eligible to play. Players must present BREC staff with a form of photo identification upon request. Any player or team information which is not correct on a team's roster, and/or the use of illegal or ineligible players will result in league discipline.

PLAY-OFFS

Play-offs will consist of the top six (6) teams from each league.

Injury, Bleeding or Open Wound:

A player/substitute, manager, coach, trainer, or other team member or sports official who is bleeding or who has an open wound shall be prohibited from participating further in the game until the bleeding is stopped and the wound covered.

1. If treatment can be administered in a reasonable amount of time the individual would not have

- to leave the game. The length of time that is considered reasonable is umpire judgment.2.
- 2. If excessive time is involved, the re-entry rule would apply to players.



3. If there is an excessive amount of blood on the uniform/bandage must be changed before the individual may participate.

Concussion Protocol:

Any player that exhibits signs, symptoms or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the game and shall not be returned to play.

Communicable Disease Procedures:

While risk of one athlete infecting another with HIV/AIDS during competition is close to non- existent, there is a remote risk that other blood borne infectious diseases can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing potential or transmission of these infectious agents should include, but not be limited to, the following:

- 1. The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform it must be changed before the athlete may participate.
- 2. Routine use of gloves or other precautions to prevent skin and mucous-membrane exposure when contact with blood or other body fluids is anticipated.
- 3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
- 4. Clean all blood contaminated surfaces and equipment with a solution made from proper dilution of household bleach (CDC recommends 1-100) or other disinfectants before competition resumes.
- 5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
- 6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.
- 7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
- 8. Contaminated towels should be properly disposed of/disinfected.
- 9. Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouth guards and other articles contain body fluids.
- The referee shall not permit any team member to participate if in his/her judgement any item constitutes a safety concern, such as, but not limited to, a player's fingernails or hairstyles.

BREC reserves the right to re-evaluate the rules and place improvements in place for any current rules and/or violations. BREC reserves the right rule on any items not covered in the document and to expand the rule basis. Rules that are not covered in the BREC rules and operating code, will automatically defer to Futsal Laws of the Game rules and procedures.