TRAIL SAFETY
BE PREPARED!

Did you pack your water?
Even for a short hike water is a must!

Are you wearing Bug Spray?
You may encounter ticks, mosquitoes and hornets. Make sure to spray your ankles and pants.

Are you wearing fluorescent orange?
Hunting on BREC property is prohibited but it is always smart to wear bright clothing during hunting season to ensure you are seen by others on the trail.

Do you know the trails and hazards?
Check out our kiosk for trail information and possible hazards. Look out for snakes, holes and slippery trails while hiking. Use the buddy system and bring your cell phone just in case. It is also a good idea to check for inclement weather before you head out.

Do you know the rules and regulations?
Check the kiosk and regulations sign at the entrance for the rules of this site. Each BREC park has different regulations.