

DODGEBALL

Adult & Youth Dodgeball

Updated August 2021

BREC ATHLETICS 6201 Florida Blvd Baton Rouge, LA 225.272.9200

THE RECREATION AND PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

Dear Team Manager,

On behalf of the Recreation and Parks Commission for the Parish of East Baton Rouge, we would like to welcome you as a participant in our Dodgeball Program/Tournament.

Our goal is to offer quality sports programming at affordable prices and see that each participant has an enjoyable leisure experience.

Please read the rulebook at your first opportunity to familiarize yourself with our league's rules and regulations.

We now have an online registration system. You can establish your online account at www.brec.org. For additional information, you can contact athletics@brec.org or you can also visit our department's web site at http://www.brec.org/index.cfm/subhome/athletics.

All managers/coaches must take the SPORTSMANSHIP class. (NFHS Sportsmanship Course http://nfhslearn.com/courses/37000) Submit completion certificate with team registration form.

All manager/coaches must take the CONCUSSION training course (Center for Disease Control and Prevention Concussion Training Course https://www.cdc.gov/headsup/youthsports/training) Submit completion certificate with team registration form.

Again, welcome to our program. Wishing you and your team a very enjoyable and successful season.

Sincerely,

BREC Athletics

The Recreation and Park Commission for the Parish of East Baton Rouge reserves the right to make changes to this document as necessary during the season.



THE RECREATION & PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

TEAM REGISTRAION

Player Contracts

All youth players' registration forms must be filled out with a copy of the original birth certificate and a current photo that must be attached in double-sided format. Every registered player must be listed on the team roster.

Coaches Registration for Youth Sports Volunteer Coach

All Coaches a required to complete and submit a BREC Volunteer Coaches Background Check Form.

www.volunteer.brec.org

Teams/organizations with multiple teams and/or age groups are required to have more than one (1) coach per team. No Exceptions.

People who have not registered, and been approved, as a coach will not be allowed to coach in any capacity (practice or games).

People who are not listed on the team roster will not be allowed to coach in any capacity during games.

A coach who does not have their Volunteer ID Badge is not allowed on the sideline/bench area as coach.

Wearing your BREC volunteer identification badge is an important public safety tool and you are always required to wear them.:

- The ID provides special designation for authorized and qualified volunteers.
- The ID is a key component of a comprehensive risk management practice that reflects a comprehensive public safety practice.
- The ID builds trust among the public that parks and recreation is committed to quality management practices.
- The ID provides public information regarding the leadership role of parks and recreation to make communities safe.
- A photo identification practice serves the dual purpose of identifying volunteers as qualified and authorized personnel and builds public awareness for quality volunteer management practices.
- The system of requiring identification badges is only effective when there is compliance by all volunteers wearing their photo identification always of service.

Guidelines for BREC Volunteer Identification Badges



- 1. All qualified volunteers are required to wear a photo identification badge.
- 2. Photo identification badges are always to be displayed when at practice or a game setting and are not to be worn or used for any other purpose than a volunteer coaching assignment.
- No pins, stickers, or markings can be displayed on the BREC ID badge. The photo identification badge
 must be clearly visible to the public and should be worn between the shoulders and waist with the photo
 clearly visible. (BREC provided black lanyards before the start of the season for coaches to wear
 around their necks)
- 4. If a photo identification badge is lost or stolen, it is the responsibility of the volunteer to notify a supervisor as soon as possible to obtain a replacement badge.
- 5. The photo identification badge will be issued to all volunteers after the completion of a comprehensive background check and will expire one year from that date of issuance.
- 6. It is the duty of every qualified volunteer to report any volunteer failing to properly display their credential and sign the volunteer logbook before each BREC practice and/or game.

Failure to perform any of the given guidelines will resort in your team forfeiting a contest and any individual not adhering to BREC policy and procedures for youth basketball and/or any other sport with youth participation, will be escorted from the premises.

If you have any questions and/or concerns, please contact the Athletics Department at athletics@brec.org.

All coaches and officials are required to take and complete a Sportsmanship Course offered through the National Federation of State High School Associations (NFHS). Coaches and officials are also required to complete a concussion training course offered through the Centers for Disease Control and Prevention. The completion certificates for the Sportsmanship training as well as the Concussion training must be submitted when your team registration packet is submitted. If any coach does not submit his/her certificates will not be eligible to coach until the coursed are completed and their certificates are submitted.

- Sportsmanship Course Link: http://nfhslearn.com/courses/37000
- Concussion Course Link: https://www.cdc.gov/headsup/youthsports/training/

TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): I hereby represent that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release, on behalf of myself and organization.

Coach Signature:	
Print Name:	
League:	_
Date:	
Team/Organization Name:	



BREC CODE OF CONDUCT

- No manager, player, or spectator shall physically/verbally threaten, lay a hand upon, shove, or strike an official, field supervisor, staff member, player and/or spectator.
- No manager, player, and/or spectator shall be guilty of objectionable and/or disruptive verbal demonstrations of dissent at an official's or field supervisor's decision or refuse to abide by official's or field supervisor's decision. No manager, player, and/or spectator shall be guilty of verbal abuse to include references to an individual or group's race, religion, gender, national origin, disability or age.
- Participants shall not use flagrant rough tactics against an opposing player.
- There shall be no unnecessary throwing of equipment, or any other objects.
- There will be no cause for defacement or destruction to any public facility or equipment.
- Participants (managers, coaches, players, etc.) may not falsify their own name or any other
 player's name on a team roster, scoresheet, or any other league document. The use of ineligible
 or illegal players is not permitted.
- Individuals and/or teams violating the Code of Conduct will be subject to league discipline action which may include one or more of the following actions: game ejection, game forfeiture, game suspensions, probation and/or seasonal suspension.

BREC PARK POLICIES

- No alcoholic beverages may be brought onto or sold on BREC property. (City Parish Ordinance, Title 13: Section 13:1010)
- Pets must always be leashed, and droppings removed. For information on our Dog Park locations, please call 272-9200 ext. 400. (City Parish Ordinance Title 14, Chapter 2, Sec.
- 14:204)
- Firearms, explosives and weapons of any type are prohibited in all park areas. (City Parish Ordinance, Title 13: Section 13:1011)
- Gambling or games of chance are prohibited on BREC property. (City Parish Ordinance, Title 13: Section 13:90.2)
- Firearms, explosives and weapons of any type are prohibited in all park areas. (City Parish Ordinance, Title 13: Section 13:1011)
- Please help keep your parks clean by placing all trash and litter in receptacles provided at all BREC parks. For safety purposes glass containers are prohibited within parks.
- Sale of merchandise, food and beverage, solicitation of fees or donations, or conducting any type of business or event, including distribution of flyers, signs or other advertising mediums is prohibited without permit from BREC Commission. (City Parish Ordinance Title 3, Chapter 5, Sec 3:90- 93) For additional information regarding permits see Special Events.
- Park patrons are advised to be cautious of purchasing any product or merchandise from a vendor in a BREC park not displaying a BREC Permit or not selling from a designated BREC concession stand.



- Teams/Spectators may not play their own music inside of a BREC park before, during, or after games.
- Teams/players violating any BREC park policy may be subject to forfeiture of the game and/or expulsion from the league.

Team Manager Responsibilities

- From managers serve as a communication between BREC and staff to members of their team. Therefore, it is important that all team managers communicate effectively, pertinent information submitted from the Athletics Department. We ask that all team mangers read each document thoroughly and carefully, and as well as all included attachments, if needed.
- > It is the responsibility of team manger to make sure that...
- All rosters are submitted and completed, prior to the season startup date.
- All rosters are updated when new player additions are made.
- Each player, coach, and/or manager participating has signed their roster/waiver prior to participation.
- Each player is aware of the rules, procedures, and player code of conduct put in place by BREC
- The athletics department is notified properly on any forfeited game, so that arrangements are made for the opponent of that team.
- All rescheduled games, game cancellation, and forfeits are relayed to members of the team.
- All written protests are submitted to the Athletics Office within 2 (48 hours) business days of the incident in question.
- All players are in the appropriate color uniform based on HOME or VISITOR bench, with numbers affixed to
 jersey. Players who fail to comply will be ruled ineligible to participate.
- That members of their team, fans and/or parents conduct themselves in a manner within accordance of BREC league rules and Code of Conduct.
- Relay/Forward all player suspension documents to member(s) of their team, if needed.

TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): that I am the coach/manager of the team(s) participating in BREC league play verthe terms and provisions set forth in this release, on behalf of myself and organ	whose name appears below. I am familiar with and consent and agree to
Coach Signature:	
Print Name:	
League:	
Date:'	
Team/Organization Name:	



COACHES CODE OF ETHICS PLEDGE

I hereby pledge to live up to BREC's Coaches Code of Ethics.

I will place the emotional and physical well-being of my players ahead of any personal desire to win.

I will remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.

I will do my very best to provide a safe playing situation for my players.

Team/Organization Name: _

I promise to review and practice the necessary first aid principles needed to treat injuries of my players.

I will do my best to organize practices that are fun and challenging for all my players.

I will lead, by example, in demonstrating fair play and sportsmanship to all players.

I will insure that I am knowledgeable in the rules of each sport that I coach, and that I will teach these rules to my players.

I will use those coaching techniques appropriate for each of the skills that I teach.

I will remember that I am a youth coach, and that the game is for children and not adults.

By placing your email below, you are giving permission for BREC staff to send updated league information, as well as upcoming BREC leagues/events in the future. Please print legibly.

Email address:	
TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): I hereby represent that I am the coach/manager of the team(s) participating in BREC league play whose name appears the terms and provisions set forth in this release, on behalf of myself and organization.	below. I am familiar with and consent and agree to
Coach Signature:	
Print Name:	
League:	_
Date:'	





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COACH & SUPPORTER CODE

NO COACH or SUPPORTER who is associated with your team is allowed under no circumstances to say (shout/criticize/heckle) anything to a BREC Sports official (Court/Scores Table). Any coach/parent/supporter who is cited with saying anything to a BREC Sports Official will be the result of a technical foul (2 shots) called/charged against the team (issued to the Head Coach) in which the erratic supporter is affiliated. If a second (2nd) technical foul is called/charged against the team of the coach/parent/supporter, the team with two (2) Fan/Supporter Technical Fouls will forfeit the game immediately and the Head Coach will serve a one (1) game suspension. Coaches are responsible for the actions of their supporters.

Acknowledgement of Rule Book & Bylaws

TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): I hereby represent

that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release of the rule book & bylaws, on behalf of myself and/or organization.

_	
Fillit Name.	
League:	
	Date:
am/Organization Name:	

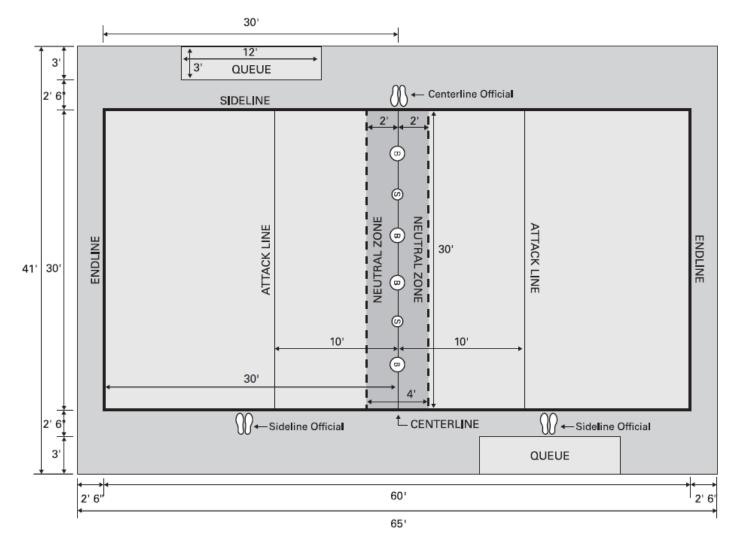


THE RECREATION & PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

BREC Adult Dodgeball Rules and Regulations

The Court

- The official dimensions for a regulation court are as follows:
- The court is divided into two 30 X 30' areas, with a 4' X 30' neutral zone located at center court separating the two sides, an attack line located parallel and 10' from the center line, for a total court length of 60' from end line to end line, and a total width of 30' from sideline to sideline.
- Approximately 2'-3' should be allotted for an out of bound area, allowing officials to move freely along the sidelines.
- The Queue for each team is a 3' X 12' area and should be located 2'-3' from the sideline, leaving enough room for an official to move free along the sideline.
- Every effort should be made to obtain the correct dimensions. However, court size may be adjusted to best suit the available space.





Equipment

- 6 regulation size balls should be used: 4 Blockers™ (8.5") and 2 Stingers™ (5").
- Ball layout goes as follows: Blocker, Stinger, Blocker, Blocker, Stinger, Blocker.

Players

- Teams consist of six (6) players with up to four (4) substitutes. All players must be in uniform.
- Coed teams may consist of either gender, however at least two (2) players of each gender must participate at the start of each game.
- Open teams may consist of either gender. Any ratio of men and women may participate, including all male and all female teams.

Substitutions

Substitutions must be made prior to the start of the game. No substitutions can be made during a game, except in cases of injury.

Retrievers

Retrievers are individuals designated to retrieve balls that go out of play. Teams are responsible for providing retrievers. The number of retrievers required will determined by the tournament director.

Or you may use players that are out as retrievers.

- Retrievers may not enter the court at any time.
- Retrievers may not wear jerseys of the same style as their team uniform.
- Retrievers are only allowed to field balls from their side of the court.

Matches

A regulation match consists of a pre-determined odd number of games of a single game type. The number of games and/or the time allotted may be altered to best suit time and attendance.

Game Types:

1. Elimination Game.

• A game played until all opponents on one side have been eliminated. The first team to eliminate all its opponents is declared the winner.

2. Timed Game.

 A game played until pre-determined time limit expires or all opponents are eliminated on one side. If time expires, all remaining players are counted. The team with most players remaining wins the game.

3. Scored Game.

 A scored game is played as either an elimination or timed game with points awarded not for the win, but for the number of players remaining "in" at the end of each game.



Beginning Play

Play begins with all players positioned behind their team's end line.

The Rush

- The Rush occurs at the beginning of each game or reset.
- Upon the official's signal, both teams rush to center court and attempt to retrieve as many balls as possible.
- A team may rush with as many or as few players as it wants, but at least one person from each team must Rush.
- There is no limit to how many balls an individual player may retrieve.
- Players may not slide or dive headfirst into the neutral zone or they will be called out.
- Crossing over the neutral zone will result in an "out."
- Players may not physically grab and pull another player across the neutral zone or prevent them from returning to their side of the court.

Putting a Ball in Play

The player and the ball must go completely behind the attack line. During the Rush, any ball retrieved from the neutral zone must be returned behind the attack line before it may be thrown at an opponent. A ball that hasn't crossed the attack line is considered a dead ball, any hits or catches are voided plays.

There are several ways to put a ball into play following a Rush.

- A player carries the ball across the attack line.
- A player passes the ball a teammate who is behind or carries it across the attack line.
- A player rebounds the ball off the back wall of a closed court.

Time Outs

There are no team time outs

Outs

- player shall be deemed "out" when a live ball hits any part of the player's body, clothing, or uniform.
- If a player is hit by a live ball rebounding off another player or ball lying on the court.
- A defending player catches a live ball they have thrown
- Players shall return from the Queue in the order they were put "out" (i.e., first "out," first "in").

Blocking

- Players can defend themselves by blocking the ball in flight with another ball but must retain control over the ball they are blocking with. A player dropping or losing possession of the blocking ball is deemed "out."
- Any blocked ball rebounding off another ball is considered live. Any player hit by the rebounding ball is deemed "out."

Pinching

The act of squeezing the ball to alter the thrown or blocked ball is not allowed.



Stalling

- The act of intentionally delaying the game.
- If a referee determines that a player or team is stalling, the referee will warn player or team. If the stalling continues, at the referee's discretion, player or team will lose possession of all balls on their side.
- If both teams are stalling a reset should occur

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Out of Bounds Rule

- If any part of the player's body touches the end lines or far neutral zone line, the player shall be deemed "out".
- Momentum may carry a player out of bounds while making a catch. Providing control of the ball was established prior going out of bounds.

Neutral Zone Rule

The neutral zone is a 4' by 30' area centered around the centerline. A player may safely step into the neutral zone but not across. Any player crossing over the neutral zone is deemed "out."

Sacrifice Fly

An airborne attack, where an attacking player may legally cross the neutral zone to hit an opponent, but the ball must leave the attacker's hand before any part of the attacker's body touches the opponent's territory. If successful, the player hit is out and Attacking player remains in.

Headshots

- A headshot occurs when a player is hit directly in the head by a high thrown ball.
- Any thrower committing a headshot will be deemed "out."

Uniforms

- BREC does not allow players to wear gloves, baseball caps or bandanas during play.
- Teams must have jerseys of the same color and permanent numbers for each player in every game.
 - No duplicate numbers.
 - Numbers must be permanent and at least 6 inches high
 - Tape on numbers will not be permitted
 - Legible, numbers with permanent marker will be permitted
 - o Tee shirts are acceptable
 - Similar colored jersey (any color except gray).
 - No holes in shirts can be more than 2 inches larger than the person's arm.
 - No cutoff shorts allowed



TEAM REGISTRATION

Player Contracts

All players' registration forms must be filled out with a copy of the original birth certificate and a current photo. Every registered player must be listed on the team roster.

Coaches Registration Volunteer Coach Registration

All Coaches a required to complete and submit a BREC Volunteer Coaches Background Check Form

Teams/organizations with multiple teams and/or age groups are required to have more than one (1) coach per team. No Exceptions.

People who have not registered, and been approved, as a coach will not be allowed to coach in any capacity (practice or games).

People who are not listed on the team roster will not be allowed to coach in any capacity during games.

A coach who does not have their Volunteer ID Badge is not allowed on the sideline/bench area as coach.

All coaches and officials are required to take and complete a Sportsmanship Course offered through the National Federation of State High School Associations (NFHS). Coaches and officials are also required to complete a concussion training course offered through the Centers for Disease Control and Prevention. The completion certificates for the Sportsmanship training as well as the Concussion training must be submitted when your team registration packet is submitted. If any coach does not submit his/her certificates will not be eligible to coach until the coursed are completed and their certificates are submitted.

- Sportsmanship Course Link: http://nfhslearn.com/courses/37000
- Concussion Course Link: https://www.cdc.gov/headsup/youthsports/training/

ELIGIBILITY

It is recommended that teams have no less than six (6) players and no more than twenty (10).

Each player must be on their signed roster in order to be eligible for play.

The registration fee for the league per be turned in to BREC's Athletic Department with the complete team packet by the deadline date established each season. Schedules will then be drawn up and mailed to each coach.

Coaches must turn in a completed player contract for each player on their roster. A recent photograph copy of the original birth certificate and a recent photo of the player must accompany this contract.

a. In case of an age eligibility questions the coach must be able to present an original birth certificate within 72 hours. If the original is not presented the player will automatically be suspended until the original birth certificate is produced.



Players will not be permitted to sign with a team after the deadline date (After the second scheduled playing date) established yearly.

Players will not be allowed to play in more than one (1) BREC league within the Youth Junior Basketball program.

All games in which an ineligible player has played will be forfeited.

OFFICIALS & SCHEDULES

All officials will be furnished and approved by BREC.

All games will be played at the field indicated on the schedule. Games will be played as scheduled.

All teams will play at least eight (8) to ten (10) game season.

Tournaments (2) game guarantee

UNIFORMS

Matching t-shirts/jersey. Similar colored t-shirts/jersey, other than grey, with 6" number on the back. T-shirts/jerseys must be tucked in, and no shorts or sweats with pockets or outside drawstrings. Mouth guards must be always worn. No article of clothing may cover any portion of a player's flag. Pants/shorts with belt loops, and pockets are not allowed. *No hats with bills. No "do-rags". No sunglasses. No Jewelry. No flip flops or opened toed shoes. Uniform violations will result in a player being deemed ineligible for the game.*

ILLEGAL EQUIPMENT

A player wearing illegal equipment shall not be allowed to play. Types of equipment that shall be declared illegal include:

- A. Headwear containing any hard, unyielding, stiff material, including billed hats, or items containing exposed knots, such as bandanas.
- B. Jewelry of any kind.
- C. Shoes with metal, ceramic, screw-in, or detachable cleats unless the screw is part of the cleat.
- D. Jerseys that have been altered in any manner which produces a knot-like protrusion. E. Leg and knee braces made of hard, unyielding material, unless covered on both sides and all edges.
- F. Towels may not hang from a participant's waist.



CONDUCT RULES

We ask that you always maintain a positive approach throughout the league and adhere to the following guideline:

Game officials shall have the respect and support of the coach. The coach shall not indulge in conduct which will incite the players or spectators against the officials. Public criticism of the officials or players is unethical

The coach should respect his opponents, display gracious behavior during competition and require his players to conduct themselves in similar fashion. Before and after the contest, rival coaches should meet and exchange friendly greetings to set the correct tone for the event.

Coaches shall actively use their influence to enhance sportsmanship by spectators

PLAYER BEHAVIOR

Any coach, or player verbally or physically abusing a game official, opposing player, or any other individual, will be ejected from the game and must leave the facility immediately. Any player refusing to leave will cause his team to forfeit the game. In the case of physical abuse or extreme unsportsmanlike conduct, additional disciplinary action can/will be taken by BREC's Athletic Department including but not limited additional suspensions and/or removal from the league. COACHES WILL BE HELD RESPONSIBLE FOR THE ACTIONS OF THEIR TEAM MEMBERS AND FANS.

SUSPENSIONS

A player who is ejected from a game will be required to leave sight and sound of the facility within 2 minutes. If a player fails to leave after an ejection, the game will be forfeited by the umpire. Managers should see that your player leaves promptly. If any player is ejected from the game, he/she shall be automatically suspended for a minimum of one game, additional punishment could be handed down pending review by BREC staff. If the player is ejected a second time, he/she will be suspended for the remainder of the season, or if circumstances so warrant, be suspended from participation in any program and/or facility of BREC indefinitely, pending review by staff

EJECTIONS

All ejections carry a mandatory suspension of the next scheduled game. If a player is ejected twice (2) within one playing season, they are not allowed to participate within the playoffs or league for the next year until player's parent/guardian and coaches have contacted Athletics Department for a hearing on the matter.

PROTEST

All protest must be made on site prior to play resuming. Only team captains can confer with the officials. Protest must be lodged only for misinterpretation of rules. Protest must be lodged properly in writing and must be submitted to Athletic Department within two working days (Mon.-Fri.) after protested incident.

RETURNED CHECKS

Teams will be eliminated from any further league play for non-payment of league fees.



FORFEITS

Game time is forfeit time!!

- The field supervisor's or official's watch represents the official time. Any time six players are on the court; the game must start.
- Teams with fewer than six (6) players will be given a forfeit.
- The score of a forfeited game will be 7-0.
- In the event of a double forfeit each team will be credited with a loss with the score being recorded as 0-0.
- Forfeit Limits: A team which exceeds its maximum limit may be dropped from the league without a refund. Maximum limits:
 - o Teams which play one game per week2 forfeits within the playing season
 - o Teams which play two games per week3 forfeits within the playing season

REFUND POLICY

No refunds and/or household credit will be given unless a league has not played 50% of league games before the league is cancelled. All refunds and/or household credits will be determined by the Athletics Department discretion. If rule violations result in a team being removed from the league, the following refund formula will be used.

- Teams expelled between the date of registration and the beginning of their leagues first game will forfeit 100% of their registration fee.
- Teams expelled after the start of their first game will forfeit 100% of fee.

RAIN MAKE UPS

In most cases, teams will receive at least one week notice of schedule changes.

In emergencies, teams may be asked to play with less notice.

Managers will receive a rain make-up schedule through email upon games being rescheduled.

ROSTER CHECKS

BREC staff reserves the right to randomly check team rosters for player validity. The manager is responsible for keeping up-to-date team roster records. This practice can eliminate any question as to whether a team member is eligible to play. Players must present BREC staff with a form of photo identification upon request. Any player or team information which is not correct on a team's roster, and/or the use of illegal or ineligible players will result in league discipline.

PLAY-OFFS

Play-offs will consist of the top six (6) teams from each league.



Injury, Bleeding or Open Wound:

A player/substitute, manager, coach, trainer, or other team member or sports official who is bleeding or who has an open wound shall be prohibited from participating further in the game until the bleeding is stopped and the wound covered.

- 1. If treatment can be administered in a reasonable amount of time the individual would not have to leave the game. The length of time that is considered reasonable is umpire judgment.2.
- 2. If excessive time is involved, the re-entry rule would apply to players.
- 3. If there is an excessive amount of blood on the uniform/bandage must be changed before the individual may participate.

Concussion Protocol:

Any player that exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the game and shall not be returned to play.

Communicable Disease Procedures:

While risk of one athlete infecting another with HIV/AIDS during competition is close to non-existent, there is a remote risk that other blood borne infectious diseases can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing potential or transmission of these infectious agents should include, but not be limited to, the following:

- 1. The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform it must be changed before the athlete may participate.
- 2. Routine use of gloves or other precautions to prevent skin and mucous-membrane exposure when contact with blood or other body fluids is anticipated.
- 3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
- 4. Clean all blood contaminated surfaces and equipment with a solution made from proper dilution of household bleach (CDC recommends 1-100) or other disinfectants before competition resumes.
- 5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
- 6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.
- 7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
- 8. Contaminated towels should be properly disposed of/disinfected.
- 9. Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouth guards and other articles contain body fluids.

The referee shall not permit any team member to participate if in his/her judgement any item constitutes a safety concern, such as, but not limited to, a player's fingernails or hairstyles.

BREC reserves the right to re-evaluate the rules and place improvements in place for any current rules and/or violations.

BREC reserves the right rule on any items not covered in the document and to expand the rule basis. Rules that are not covered in the BREC rules and operating code, will automatically defer to Dodgeball Laws of the Game rules and procedures.

