### RECREATION & PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE



## Youth Flag Football

### **BREC Athletics**

**Updated August 2021** 

BREC ATHLETICS 6201 Florida Blvd Baton Rouge, LA 225.272.9200

#### THE RECREATION AND PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

Dear Team Manager,

On behalf of the Recreation and Parks Commission for the Parish of East Baton Rouge, we would like to welcome you as a participant in our Youth Flag Football Program.

Our goal is to offer quality sports programming at affordable prices and see that each participant has an enjoyable leisure experience.

Please read the rulebook at your first opportunity to familiarize yourself with our league's rules and regulations.

We now have an online registration system. You can establish your online account at <a href="www.brec.org">www.brec.org</a>. For additional information, you can contact <a href="mailto:athletics@brec.org">athletics@brec.org</a> or you can also visit our department's web site at <a href="http://www.brec.org/index.cfm/subhome/athletics">http://www.brec.org/index.cfm/subhome/athletics</a>.

All managers/coaches must take the SPORTSMANSHIP class. (NFHS Sportsmanship Course <a href="http://nfhslearn.com/courses/37000">http://nfhslearn.com/courses/37000</a>) Submit completion certificate with team registration form.

All manager/coaches must take the CONCUSSION training course (Center for Disease Control and Prevention Concussion Training Course <a href="https://www.cdc.gov/headsup/youthsports/training">https://www.cdc.gov/headsup/youthsports/training</a>) Submit completion certificate with team registration form.

Again, welcome to our program. Wishing you and your team a very enjoyable and successful season.

Sincerely,

**BREC Athletics** 

The Recreation and Park Commission for the Parish of East Baton Rouge reserves the right to make changes to this document as necessary during the season.



## THE RECREATION & PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

#### **TEAM REGISTRATION**

#### **Player Contracts**

All youth players' registration forms must be filled out with a copy of the original birth certificate and a current photo that must be attached in double-sided format. Every registered player must be listed on the team roster.

#### **Coaches Registration for Youth Sports Volunteer Coach**

All Coaches a required to complete and submit a BREC Volunteer Coaches Background Check Form.

#### www.volunteer.brec.org

Teams/organizations with multiple teams and/or age groups are required to have more than one (1) coach per team. No Exceptions.

People who have not registered, and been approved, as a coach will not be allowed to coach in any capacity (practice or games).

People who are not listed on the team roster will not be allowed to coach in any capacity during games.

A coach who does not have their Volunteer ID Badge is not allowed on the sideline/bench area as coach.

Wearing your BREC volunteer identification badge is an important public safety tool and you are always required to wear them:

- The ID provides special designation for authorized and qualified volunteers.
- The ID is a key component of a comprehensive risk management practice that reflects a comprehensive public safety practice.
- The ID builds trust among the public that parks and recreation is committed to quality management practices.
- The ID provides public information regarding the leadership role of parks and recreation to make communities safe.
- A photo identification practice serves the dual purpose of identifying volunteers as qualified and authorized personnel and builds public awareness for quality volunteer management practices.
- The system of requiring identification badges is only effective when there is compliance by all
  volunteers wearing their photo identification always of service.



#### **Guidelines for BREC Volunteer Identification Badges**

- 1. All qualified volunteers are required to wear a photo identification badge.
- 2. Photo identification badges are always to be displayed when at practice or a game setting and are not to be worn or used for any other purpose than a volunteer coaching assignment.
- 3. No pins, stickers, or markings can be displayed on the BREC ID badge. The photo identification badge must be clearly visible to the public and should be worn between the shoulders and waist with the photo clearly visible. (BREC provided black lanyards before the start of the season for coaches to wear around their necks)
- 4. If a photo identification badge is lost or stolen, it is the responsibility of the volunteer to notify a supervisor as soon as possible to obtain a replacement badge.
- 5. The photo identification badge will be issued to all volunteers after the completion of a comprehensive background check and will expire one year from that date of issuance.
- 6. It is the duty of every qualified volunteer to report any volunteer failing to properly display their credential and sign the volunteer logbook before each BREC practice and/or game.

Failure to perform any of the given guidelines will resort in your team forfeiting a contest and any individual not adhering to BREC policy and procedures for youth basketball and/or any other sport with youth participation, will be escorted from the premises.

If you have any questions and/or concerns, please contact the Athletics Department at athletics@brec.org.

All coaches and officials are required to take and complete a Sportsmanship Course offered through the National Federation of State High School Associations (NFHS). Coaches and officials are also required to complete a concussion training course offered through the Centers for Disease Control and Prevention. The completion certificates for the Sportsmanship training as well as the Concussion training must be submitted when your team registration packet is submitted. If any coach does not submit his/her certificates will not be eligible to coach until the coursed are completed and their certificates are submitted.

- Sportsmanship Course Link: <a href="http://nfhslearn.com/courses/37000">http://nfhslearn.com/courses/37000</a>
- Concussion Course Link: https://www.cdc.gov/headsup/youthsports/training/

**TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S)**: I hereby represent that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release, on behalf of myself and organization.

Coach Signature:	
Print Name:	
_eague:	_
Date:	
Feam/Organization Name:	



#### BREC CODE OF CONDUCT

- No manager, player, or spectator shall physically/verbally threaten, lay a hand upon, shove, or strike an official, field supervisor, staff member, player and/or spectator.
- No manager, player, and/or spectator shall be guilty of objectionable and/or disruptive verbal demonstrations of dissent at an official's or field supervisor's decision or refuse to abide by official's or field supervisor's decision. No manager, player, and/or spectator shall be guilty of verbal abuse to include references to an individual or group's race, religion, gender, national origin, disability or age.
- Participants shall not use flagrant rough tactics against an opposing player.
- There shall be no unnecessary throwing of equipment, or any other objects.
- There will be no cause for defacement or destruction to any public facility or equipment.
- Participants (managers, coaches, players, etc.) may not falsify their own name or any other
  player's name on a team roster, scoresheet, or any other league document. The use of ineligible
  or illegal players is not permitted.
- Individuals and/or teams violating the Code of Conduct will be subject to league discipline action which may include one or more of the following actions: game ejection, game forfeiture, game suspensions, probation and/or seasonal suspension.

#### **BREC PARK POLICIES**

- No alcoholic beverages may be brought onto or sold on BREC property. (City Parish Ordinance, Title 13: Section 13:1010)
- Pets must always be leashed, and droppings removed. For information on our Dog Park locations, please call 272-9200 ext. 400. (City Parish Ordinance Title 14, Chapter 2, Sec.
- 14:204)
- Firearms, explosives and weapons of any type are prohibited in all park areas. (City Parish Ordinance, Title 13: Section 13:1011)
- Gambling or games of chance are prohibited on BREC property. (City Parish Ordinance, Title 13: Section 13:90.2)
- Firearms, explosives and weapons of any type are prohibited in all park areas. (City Parish Ordinance, Title 13: Section 13:1011)
- Please help keep your parks clean by placing all trash and litter in receptacles provided at all BREC parks. For safety purposes glass containers are prohibited within parks.
- Sale of merchandise, food and beverage, solicitation of fees or donations, or conducting any type of business or event, including distribution of flyers, signs or other advertising mediums is prohibited without permit from BREC Commission. (City Parish Ordinance Title 3, Chapter 5, Sec 3:90- 93) For additional information regarding permits see Special Events.
- Park patrons are advised to be cautious of purchasing any product or merchandise from a vendor in a BREC park not displaying a BREC Permit or not selling from a designated BREC concession stand.
- Teams/Spectators may not play their own music inside of a BREC park before, during, or after games.
- Teams/players violating any BREC park policy may be subject to forfeiture of the game and/or expulsion from the league.



#### **Team Manager Responsibilities**

- > Team managers serve as a communication between BREC and staff to members of their team. Therefore, it is important that all team managers communicate effectively, pertinent information submitted from the Athletics Department. We ask that all team mangers read each document thoroughly and carefully, and as well as all included attachments, if needed.
- > It is the responsibility of team manger to make sure that...
- All rosters are submitted and completed, prior to the season startup date.
- All rosters are updated when new player additions are made.
- Each player, coach, and/or manager participating has signed their roster/waiver prior to participation.
- Each player is aware of the rules, procedures, and player code of conduct put in place by BREC
- The athletics department is notified properly on any forfeited game, so that arrangements are made for the opponent of that team.
- All rescheduled games, game cancellation, and forfeits are relayed to members of the team.
- All written protests are submitted to the Athletics Office within 2 (48 hours) business days of the incident in question.
- All players are in the appropriate color uniform based on HOME or VISITOR bench, with numbers affixed to
  jersey. Players who fail to comply will be ruled ineligible to participate.
- That members of their team, fans and/or parents conduct themselves in a manner within accordance of BREC league rules and Code of Conduct.
- Relay/Forward all player suspension documents to member(s) of their team, if needed.

TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): I hereby represent

that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release, on behalf of myself and organization.

Coach Signature:		 	 -	
Print Name:			 _	
League:				
Date:				
Taam/Organization	Namai			



#### PARENTS CODE OF ETHICS

I hereby pledge to provide positive support, care and encouragement for my child participating in youth sports by following this Code of Ethics.

I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other youth sport event.

I will place the emotional and physical well-being of my child ahead of any personal desire to win.

I will insist that my child play in a healthy environment.

I will provide support for coaches and officials working with my child to provide a positive, enjoyable experience for all.

I will demand a drug, alcohol and tobacco-free sports environment for my child and agree to assist by refraining from their use at all youth sports events.

I will remember that the game is for children and not for adults.

I will do my very best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.

*I* will promise to help my child enjoy the youth sports experience within my personal constraints by being a respectful fan, providing transportation or whatever I can do.

CHILD PARTICIPANT NAME(S):	
1	
2	
3	
4	
Team/Organization Name:	
	<b>MINOR</b> : I hereby represent that I am the parent/guardian of with and consent and agree to the terms and provisions set myself and said minor.
Parent/Guardian Signature:	
Print Name:	Date:
By placing your email below, you are giving permission for BREC sta leagues/events in the future. Please print legibly.	ff to send updated league information, as well as upcoming BREC
Fmail address:	



#### **COACHES CODE OF ETHICS PLEDGE**

#### I hereby pledge to live up to BREC's Coaches Code of Ethics.

I will place the emotional and physical well-being of my players ahead of any personal desire to win.

I will remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.

I will do my very best to provide a safe playing situation for my players.

Team/Organization Name: \_\_\_

I promise to review and practice the necessary first aid principles needed to treat injuries of my players.

I will do my best to organize practices that are fun and challenging for all my players.

I will lead, by example, in demonstrating fair play and sportsmanship to all players.

I will ensure that I am knowledgeable in the rules of each sport that I coach, and that I will teach these rules to my players.

I will use those coaching techniques appropriate for each of the skills that I teach.

I will remember that I am a youth coach, and that the game is for children and not adults.

By placing your email below, you are giving permission for BREC staff to send updated league information, as well as upcoming BREC leagues/events in the future. Please print legibly.

Email address:	
TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): I hereby represent that I am the coach/manager of the team(s) participating in BREC league play whose name appears the terms and provisions set forth in this release, on behalf of myself and organization.	below. I am familiar with and consent and agree to
Coach Signature:	
Print Name:	
League:	_
Date:'	





#### **COACH & SUPPORTER CODE**

**NO COACH or SUPPORTER** who is associated with your team is allowed under no circumstances to say (shout/criticize/heckle) anything to a BREC Sports official (Court/Scores Table). Any coach/parent/supporter who is cited with saying anything to a BREC Sports Official will be the result of a technical foul (2 shots) called/charged against the team (issued to the Head Coach) in which the erratic supporter is affiliated. If a second (2<sup>nd</sup>) technical foul is called/charged against the team of the coach/parent/supporter, the team with two (2) Fan/Supporter Technical Fouls will forfeit the game immediately and the Head Coach will serve a one (1) game suspension. Coaches are responsible for the actions of their supporters.

#### **Acknowledgement of Rule Book & Bylaws**

TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): I hereby represent

that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release of the rule book & bylaws, on behalf of myself and/or organization.

Coach Signature:	
Print Name:	
League:	
Date:	
Team/Organization Name:	



# THE RECREATION & PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

#### BREC YOUTH 7 V 7 FOOTBALL BYLAWS

#### FIELD DIMENSIONS

Field Length will be 70 yards. 50-yard playing field with a 10-yard end zone.

#### **AGE DIVISIONS**

- <u>6U</u>- Any player who has not reached his or her 7th birthday **on or before August 1**, **in the year of the current football season** is eligible to play.
- <u>8U</u>- Any player who has not reached his or her 9th birthday on or before August 1, in the year of the current football season is eligible to play.
- <u>10U</u>- Any player who has not reached his or her 11th birthday on or before August 1, in the year of the current football season is eligible to play.
- <u>12U</u>- Any player who has not reached his or her 13th birthday on or before August 1, in the year of the current football season is eligible to play.
- <u>14U</u>- Any player who has not reached his or her 15th birthday on or before August 1, in the year of the current football season is eligible to play.

Players of younger division age may play/participate in older divisions, but an older division age player may not play in the younger divisions.

#### \*Players may not play on more than one team per league per season\*

Player Post-Season Eligibility: Any player on your roster must play in at least fifty percent (50%) or more of their scheduled league games for the regular season their team is currently playing in. If not, he or she will be deemed ineligible for any post-season games.



#### YOUTH FLAG FOOTBALL RULES

#### PLAYING THE GAME

- A coin toss determines first possession.
- The offensive team takes possession of the ball at its 5-yard line and has three (3) plays to cross midfield. Once a team crosses midfield, it has three (3) plays to score a touchdown. If the offense fails to score, the ball changes possession and the new offensive team takes over on its 5-yard line.
- If the offensive team fails to cross midfield, possession of the ball changes and the opposition starts its drive from its 5-yard line.
- All possession changes, except interceptions, start on the offense's 5-yard line.
- Teams change sides after the first 20 minutes, but possession does not change, and the clock does not stop.
- If the defensive team scores a safety, they will take possession of the ball at mid-field.

#### PLAYERS/GAME SCHEDULES

- Teams must always field a minimum of 8 players. The offense must have 4 linemen and the defense must have 3 linemen.
- Teams can consist of 16 players (8 on the field with 8 substitutes).
- All players must play at least half of each game.

#### TIMING/OVERTIME

- Games are played to 40 minutes running time. There will be four 10-minute quarters, with a 3-minute half time and 1 minute between quarters. Play will be with a running clock.
- During the last two (2) minutes of each half, the clock will stop on every dead ball.
- Officials can stop the clock at their discretion.
- If the score is tied at the end of 40 minutes, teams move directly into overtime. The first team to score wins.
- Each time the ball is spotted, a team has 30 seconds to snap the ball. Teams will receive one warning before a delay-of-game penalty is enforced.
- Each team has one 60-second and one 30-second time out per half. Timeouts cannot be carried over to the second half. Use them or lose them.

#### **SCORING**

- Touchdown: 6 points
- Extra point: 1 point (played from 5-yard line) or 2 points (played from 12-yard line)
- Safety: 2 points

#### **RUNNING**

- The quarterback can run with the ball on passing plays or misdirection plays.
- Only direct handoffs behind the line of scrimmage are permitted. Offense may use multiple handoffs.
- Absolutely NO laterals or pitches of any kind.
- "No-running zones," located 5 yards from each end zone and 5 yards on either side of midfield, are designed to avoid short-yardage, power-running situations.
- The player who takes the handoff can throw the ball from behind the line of scrimmage.
- Once the ball has been handed off, all defensive players are eligible to rush.
- Spinning is allowed, but players cannot leave their feet to avoid a defensive player (no diving).
- The ball is spotted where the ball carrier's feet are when the flag is pulled, not where the ball is.



#### **RECEIVING**

- All players are eligible to receive passes (including the quarterback if the ball has been handed off behind the line of scrimmage).
- As in the NFL, only one player is allowed in motion at a time.
- A player must have at least one foot inbound when making a reception.

#### **PASSING**

- All passes must be forward and received beyond the line of scrimmage.
- Shovel passes are allowed but must be received beyond the line of scrimmage.
- The quarterback has a seven-second "pass clock." If a pass is not thrown within the seven seconds, play is live, a defender can rush the QB to obtain flag and the QB can scramble after the seven-second pass clock. Once the ball is handed off, the seven-second rule no longer is in effect and a defender can pursue.
- Interceptions change the possession of the ball at the point of interception. Interceptions are the only changes of possession that do not start on the 5-yard line.

#### **DEAD BALLS**

- The ball must be snapped between the legs, not off to one side, to start play.
- Substitutions may be made on any dead ball.
- Play is ruled "dead" when:
  - Ball carrier's flag is pulled.
  - Ball carrier steps out of bounds.
  - Touchdown or safety is scored.
  - At the point of an interception (interception returns are not allowed).
  - o Ball carrier's knee hits the ground. Ball carrier's flag falls out.
    - Note: There are no fumbles. The ball is spotted where the ball hits the ground.

#### RUSHING THE QUARTERBACK

- All players who rush the passer must be a minimum of seven yards from the line of scrimmage when
  the ball is snapped. Any number of players can rush the quarterback. Players not rushing the
  quarterback may defend on the line of scrimmage.
- Once the ball is handed off, the seven-yard rule no longer is in effect and all defenders may go behind the line of scrimmage. A special marker, or the referee, will designate seven yards from the line of scrimmage. Remember, no blocking or tackling is allowed.

#### SPORTSMANSHIP/ROUGHING

- If the field monitor or referee witnesses any acts of tackling, elbowing, cheap shots, blocking, or any
  unsportsmanlike act, the game will be stopped, and the player will be ejected from the game. FOUL
  PLAY WILL NOT BE TOLERATED.
- Trash talking is illegal. Officials have the right to determine offensive language. (Trash talk is talk that may be offensive to officials, opposing players, teams, or spectators.) If trash talking occurs, the referee will give one warning. If it continues, the player or players will be ejected from the game.



#### **PENALTIES**

- The referee will call all penalties.
- Referees determine incidental contact that may result from normal run of play. All penalties will be assessed from the line of scrimmage.
- Only the team captain may ask the referee questions about rule clarification and interpretations.
- Players cannot question judgment calls.
- Games cannot end on a defensive penalty unless the offense declines it.

#### Defense:

- 1. Offsides 5 yards and automatic first down
- 2. Interference 10 yards and automatic first down
- 3. Illegal contact 10 yards and automatic first down (holding, blocking, pushing, etc.)
- 4. Illegal flags pull 10 yards and automatic first down (before receiver has ball)
- 5. Illegal rushing 10 yards and automatic first down (starting rush from inside 7-yard marker)
- 6. Roughing the Passer 15 yards and automatic first down (any unnecessary physical contact with the passer)
- 7. Delay of game Clock stops, 10 yards and loss of down

#### Offense:

- 8. Illegal motion 5 yards and loss of down (more than one person moving, false start, etc.)
- 9. Illegal forward pass 5 yards and loss of down (pass received behind line of scrimmage)
- 10. Offensive pass interference 10 yards and loss of down (illegal pick play, pushing off/away defender)
- 11. Flag guarding 10 yards (from line of scrimmage) and loss of down
- 12. Delay of game Clock stops, 10 yards and loss of down (BFC 5 yards)
- 13. Clipping 15 yards and loss of down (block into the back of the opponent)
- 14. Intentional Grounding 5 yards and loss of down (throwing the ball to avoid a sack)
- 15. Straight Arm 5 yards (extended to ward off an opponent)
- 16. Lowering Head 5 yards (ball carrier may not run over a defensive player)



#### **TEAM REGISTRATION**

#### **Player Contracts**

All players' registration forms must be completely filled out with a copy of the original birth certificate and a current photo. Every registered player must be listed on the team roster.

#### **Coaches Registration Volunteer Coach Registration**

All Coaches a required to complete and submit a BREC Volunteer Coaches Background Check Form

Teams/organizations with multiple teams and/or age groups are required to have more than one (1) coach per team. No Exceptions.

People who have not registered, and been approved, as a coach will not be allowed to coach in any capacity (practice or games).

People who are not listed on the team roster will not be allowed to coach in any capacity during games.

A coach who does not have their Volunteer ID Badge is not allowed on the sideline/bench area as coach.

All coaches and officials are required to take and complete a Sportsmanship Course offered through the National Federation of State High School Associations (NFHS). Coaches and officials are also required to complete a concussion training course offered through the Centers for Disease Control and Prevention. The completion certificates for the Sportsmanship training as well as the Concussion training must be submitted when your team registration packet is submitted. If any coach does not submit his/her certificates will not be eligible to coach until the coursed are completed and their certificates are submitted.

Sportsmanship Course Link: <a href="http://nfhslearn.com/courses/37000">http://nfhslearn.com/courses/37000</a>

Concussion Course Link: https://www.cdc.gov/headsup/youthsports/training/



#### **ELIGIBILITY**

It is recommended that teams have no less than eight (8) players and no more than twenty (20).

Each player must be on their signed roster in order to be eligible for play.

The registration fee for the league per be turned in to BREC's Athletic Department with the complete team packet by the deadline date established each season. Schedules will then be drawn up and mailed to each coach.

Coaches must turn in a completed player contract for each player on their roster. A recent photograph copy of the original birth certificate and a recent photo of the player must accompany this contract.

In case of an age eligibility question the coach must be able to present an original birth certificate within 72 hours. If the original is not presented the player will automatically be suspended until the original birth certificate is produced.

Players will not be permitted to sign with a team after the deadline date (After the second scheduled playing date) established yearly.

All games in which an ineligible player has played will be forfeited.

#### **OFFICIALS & SCHEDULES**

All officials will be furnished and approved by BREC.

All games will be played at the field indicated on the schedule. Games will be played as scheduled. All teams will play at least eight (8) to ten (10) game season.

#### **UNIFORMS**

Matching compression t-shirts/jersey and pants with 6" number on the back. If not, compression t-shirts/jerseys must be tucked in, and no shorts or sweats with pockets or outside drawstrings. Mouth guards must always be worn by players excluding the QB. No article of clothing may cover any portion of a player's flag, if applicable. Pants/shorts with belt loops, and pockets are not allowed. No hats with bills. No "do-rags". No sunglasses. No Jewelry. No flip flops or opened toed shoes. Uniform violations will result in a player being deemed ineligible for the game.



#### **ILLEGAL EQUIPMENT**

A player wearing illegal equipment shall not be allowed to play. Types of equipment that shall be declared illegal include:

- Maintaining any hard, unyielding, stiff material, including billed hats, or items containing exposed knots, such as bandanas.
- Types of equipment that shall be declared illegal include: Shoes with metal, ceramic, screw-in, or detachable cleats unless the screw is part of the cleat.
- Jerseys that have been altered in any manner which produces a knot-like protrusion. E. Leg and knee braces made of hard, unyielding material, unless covered on both sides and all edges.
- Towels may not hang from a participant's waist.
- Shoulder pads
- Stickum of any kind (on body, gloves, or ball)

Penalty: Ineligible until removed and a loss of ten (10) yards

#### **FLAGS**

Teams will provide flags, if needed. Velcro or Triple Threat. **NO BALL & SOCKET FLAGS ALLOWED.** Flags must be of contrasting color to pants, trim, or shorts. Flags must be worn as intended. Any looping, cutting, or alteration of any kind will result in an unsportsmanlike conduct penalty and a loss of down.

#### **TEAM ROSTER**

Teams can carry twenty (20) players on their rosters. Your roster must be turned in to a BREC sports manager prior to the first week of the season. Coaches must have all players listed in readable print and signed by each player before they can participate in the youth7v7 football season. It is the coach's responsibility to make sure the roster has all the players listed. **NO NICKNAMES ARE ACCEPTED.** Full names must be printed and signed. No new player can be added after the 2<sup>nd</sup> week of the season.

#### PLAYER/TEAM DISQUALIFICATION

All Non-athletes/coaches are responsible to see that their team meets all eligibility requirements. If a player is found to be ineligible prior to the start of a sanctioned competition, the player will be expelled from the competition and the team will continue. If a player is found to be ineligible after the competition has started, the player will be expelled from the competition and the team will forfeit all games in which the ineligible player was listed on the official score sheet. The team may continue to participate, if applicable, without the expelled player.

#### ROSTER DISPUTE

Teams that want to dispute the opposing team's roster may do so the first ten (10) minutes of the 1<sup>st</sup> half only. After ten (10) minutes, the right to dispute is forfeited. Roster disputes are done by checking driver licenses and/or any government issued ID, if a player does not have a valid picture ID the player will be removed from the game and cannot play until he or she shows proof. The player will have until the next game to show proof or the team will forfeit all games that the disputed player has played in.



#### PLAYER BEHAVIOR

Any coach, or player verbally or physically abusing a game official, opposing player, or any other individual, will be ejected from the game and must leave the facility immediately. Any player refusing to leave will cause his team to forfeit the game. In the case of physical abuse or extreme unsportsmanlike conduct, additional disciplinary action can/will be taken by BREC's Athletic Department including but not limited additional suspensions and/or removal from the league. COACHES WILL BE HELD RESPONSIBLE FOR THE ACTIONS OF THEIR TEAM MEMBERS AND FANS.

#### **SUSPENSIONS**

A player who is ejected from a game will be required to leave sight and sound of the facility within 2 minutes. If a player fails to leave after an ejection, the game will be forfeited by the umpire. Managers should see that your player leaves promptly. If any player is ejected from the game, he/she shall be automatically suspended for a minimum of one game, additional punishment could be handed down pending review by BREC staff. If the player is ejected a second time, he/she will be suspended for the remainder of the season, or if circumstances so warrant, be suspended from participation in any program and/or facility of BREC indefinitely, pending review by staff

#### **EJECTIONS**

All ejections carry a mandatory suspension of the next scheduled game. If a player is ejected twice (2) within one playing season, they are not allowed to participate within the playoffs or league for the next year until player's parent/guardian and coaches have contacted Athletics Department for a hearing on the matter.

#### **PROTEST**

All protest must be made on site prior to play resuming. Only team captains can confer with the officials. Protest must be lodged only for misinterpretation of rules. Protest must be lodged properly in writing and must be submitted to Athletic Department within two working days (Mon.-Fri.) after protested incident.

#### RETURNED CHECKS

Teams will be eliminated from any further league play for non-payment of league fees.

#### **FORFEITS**

- The field supervisor's or official's watch represents the official time. Any time five players are on the field; the game must start.
- Teams with fewer than five (5) players will be given a forfeit.
- The score of a forfeited game will be 7-0.
- In the event of a double forfeit each team will be credited with a loss with the score being recorded as 0-0.
- Forfeit Limits: A team which exceeds its maximum limit may be dropped from the league without a refund. Maximum limits:
  - o Teams which play one game per week ......2 forfeits within the playing season
  - Teams which play two games per week ......3 forfeits within the playing season



#### **REFUND POLICY**

No refunds and/or household credit will be given unless a league has not played 50% of league games before the league is cancelled. *All refunds and/or household credits will be determined by the Athletics Department discretion.* If rule violations result in a team being removed from the league, the following refund formula will be used.

- Teams expelled between the date of registration and the beginning of their leagues first game will forfeit 100% of their registration fee.
- Teams expelled after the start of their first game will forfeit 100% of fee.

#### **RAIN MAKE UPS**

In most cases, teams will receive at least one week notice of schedule changes.

In emergencies, teams may be asked to play with less notice.

Managers will receive a rain make-up schedule through email upon games being rescheduled.

#### **ROSTER CHECKS**

BREC staff reserves the right to randomly check team rosters for player validity. The manager is responsible for keeping up-to-date team roster records. This practice can eliminate any question as to whether a team member is eligible to play. Players must present BREC staff with a form of photo identification upon request. Any player or team information which is not correct on a team's roster, and/or the use of illegal or ineligible players will result in league discipline.

#### PLAY-OFFS/TOURNAMENTS

Play-offs will consist of the top six (6) teams from each league.



#### **Injury, Bleeding or Open Wound:**

A player/substitute, manager, coach, trainer, or other team member or sports official who is bleeding or who has an open wound shall be prohibited from participating further in the game until the bleeding is stopped and the wound covered.

- 1. If treatment can be administered in a reasonable amount of time the individual would not have to leave the game. The length of time that is considered reasonable is umpire judgment.2.
- 2. If excessive time is involved, the re-entry rule would apply to players.
- 3. If there is an excessive amount of blood on the uniform/bandage must be changed before the individual may participate.

#### **Concussion Protocol:**

Any player that exhibits signs, symptoms or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the game and shall not be returned to play.

#### **Communicable Disease Procedures:**

While risk of one athlete infecting another with HIV/AIDS during competition is close to non-existent, there is a remote risk that other blood borne infectious diseases can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing potential or transmission of these infectious agents should include, but not be limited to, the following:

- 1. The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform it must be changed before the athlete may participate.
- 2. Routine use of gloves or other precautions to prevent skin and mucous-membrane exposure when contact with blood or other body fluids is anticipated.
- 3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
- 4. Clean all blood contaminated surfaces and equipment with a solution made from proper dilution of household bleach (CDC recommends 1-100) or other disinfectants before competition resumes
- 5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
- 6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.
- 7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
- 8. Contaminated towels should be properly disposed of/disinfected.
- 9. Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouth guards and other articles contain body fluids. The referee shall not permit any team member to participate if in his/her judgement any item constitutes a safety concern, such as, but not limited to, a player's fingernails or hairstyles.

BREC reserves the right to re-evaluate the rules and place improvements in place for any current rules and/or violations. BREC reserves the right rule on any items not covered in the document and to expand the rule basis. Rules that are not covered in the BREC rules and operating code, will automatically defer to Futsal Laws of the Game rules and procedures.

